



AMET
ACADEMY OF MARITIME EDUCATION AND TRAINING
DEEMED TO BE UNIVERSITY
(Under Section 3 of UGC Act 1956)

CENTRE FOR YOGA AND HUMAN EXCELLENCE

VALUE ADDED COURSE DETAIL

ACADEMIC YEAR-2019-2020

1	Course Name	Yoga for Health Enrichment
2	Course offered by	WCSC, Aliyar
3	Co-Ordinator	Bakthavatchalam S
4	Instructor	Mr. Sampath Kumar, Mr. Sundaresan
5	Course	WCSC approved Syllabus
6	Class	B.E Marine Engineering
7	Number of Students per batch	824
8	Duration	16 Days
9	No. of Hrs/Week	2 Hours per week - Total 32 Hours program
10	Prerequisite	H.Sc with Above 50% marks and Basic knowledge about Yoga
11	About the Course	Understanding the yogic principles and implement in days to life. Yogic practise will improve memory, concentration and reduce stress level. As per government of India notification, Yoga is compulsory education in all schools, colleges and universities. AMET University is collaborated with WCSC to conduct value added course
12	Course Objective	<ul style="list-style-type: none">• Trains the students to develop their body for leading a healthy life.• Rejuvenates the life energy to retard the ageing process and to achieve spiritual development.• Follow meditation practices to strengthen their mind, increase their will power, concentration, creativity and receptivity and ultimately to transform the mind to achieve self-realization.• Practice introspection techniques to purify mind.• Helps every individual to realize the enduring values of peace, no-violence and harmony to revitalize human

		society for restoring its sanity and strength
13	Course Outcome	After completing this course, student may get awareness of yoga and how to practice yoga and get good health and strong mind
14	Topics Covered	Syllabus Attached
15	Learning References	List of reference attached
16	Assessment Method	Hand on Training
17	Attendance Sheet	Copies Attached
18	Photograph	Copies Attached
19	Certificate Copies	Copies Attached
20	Feedback About The Course	Copies Attached
21	Action Taken Report	Copies Attached



**CERTIFICATE IN YOGA FOR HUMAN ENTRICHMENT
(SYLLABUS)**
Only for School, College and University Students

**Scheme of Subjects and
Examinations**

Paper/ Theory	Title of the paper	Hrs of Instruction	Scheme of Examination	
			Hrs of Examination	Total Marks
1	YOGA FOR EMPOWERMENT	18	1	100
2	PROSPERITY OF MIND and HUMAN ENTRICHMENT	18	1	100
Total		36	2	200

Total Hours : 36

Type of Examination : Objective Method

Total 50 Questions

Each question carry 2 marks ($2 \times 50 = 100$)

PAPER – 1 Yoga for Empowerment

18 : hours

OBJECTIVE:

Providing Value Education to improve the Students' character - understanding yogic life and physical health - maintaining youthfulness - Measure and method in five aspects of life

Unit:1 Physical Health :

Manavalakalai (SKY) Yoga : Introduction - Education as a means for youth empowerment - Greatness of Education - Yoga for youth Empowerment.

Simplified Physical Exercises : Hand, Leg, Breathing, Eye exercises - Kapalabathi, Makarasana Part I, Makarasana Part II, Body Massage, Acu pressure, Relaxation exercises - Benefits.

Yogasanas 1 : Pranamasana - Hastha Uttanasana - Pada Hasthasana - Aswa Sanjalana Asana - Thuvipatha asva Sanjalana asana - Astanga Namaskara - Bhujangasana - Atha Muktha Savasana - Aswa Sanjalana Asana - Pada Hasthasana - Hastha Uttanasana - Pranamasana.

Pranayama : Naddi suddi - Clearance Practice - Benefits.

Simplified Physical Exercise - Kayakalpa Practices - Meditation Practices.

Unit:2 Life force

Reasons for Diseases : Natural reasons (Genetic / imprints, Planetary Position, Natural calamities and climatic changes) - Unnatural reasons (Food habits, Thoughts, Deeds)

Philosophy of Kaya kalpa : Physical body - Sexual vital fluid - Life force - Bio-Magnetism - Mind.

Maintaining youthfulness : Postponing old age - Transformation of food into seven components - Importance of sexual vital fluid - Measure and method in five aspects of life - Controlling undue Passion.

Kayakalpa practice : Aswini Mudra - Ojas breath - Benefits of Kaya Kalpa.

Unit:3 Mental Health

Mental Frequencies : Beta, Apha, Theta and Delta wave - Agna Meditation explanation - benefits.

Shanti meditation : Shanthi Meditation explanation - benefits
Thuriya Meditation : Thuriya Meditation explanation - benefits
Benefits of Blessing : Self blessing (Auto suggestion) - Family blessing -
Blessing the others - World blessing - Divine protection

Unit: 4 Values

**Human Values :Self control - Self confidence - Honesty Contentment - Humility -
Modesty Tolerance - Adjustment - Sacrifice - Forgiveness**

**Purity (Body, Dress, Environment) - Physical purity - Mental purity - Spiritual
purity**

Social Values :

Non violence - Service

Patriotism - Equality

Respect for parents and elders - care and protection - Respect for teacher

Punctuality - Time Management

Unit: 5 Morality (virtues)

Importance of Introspection: I - Mine (Ego, Possessiveness)

**Six Evil Temperaments - Greed - Anger - Miserliness - Immoral sexual
passion - Inferiority and superiority Complex - Vengeance**

**Maneuvering of Six Temperaments : Contentment - Tolerance - Charity
- Chastity - Equality - Pardon (Forgiveness)**

**Five essential Qualities acquired through Meditation: Perspicacity -
Magnanimity - Receptivity - Adaptability - Creativity (Improved Memory
Power)**

Reference books:

1. **Yoga for modern age - Thathuvagnani Vethathiri Maharishi**
2. **Simplified Physical Exercises - Thathuvagnani Vethathiri Maharishi**
3. **Kayakalpam - Thathuvagnani Vethathiri Maharishi**
4. **Thirukkural - Rev.Dr.G.U.pope**
5. **Mind - Thathuvagnani Vethathiri Maharishi**
6. **Sound Health through yoga - Dr.Chandrasekaran**
7. **Light on yoga - BKS.Iyenger**

PAPER - 2 PROSPERITY OF MIND AND HUMAN ENTRICHMENT

Objective: 15: hours

Developing good Qualities and eliminating bad ones - Learning introspection practices like Analysis of Thoughts, Moralization of Desires, Neutralization of Anger and Eradication of Worries - Diversity in Men (Why Men Differ) - Yogasanas.

Unit:1 Philosophy of life

Purpose of life

Philosophy of life (Needs - Protections - Virtues - Development of knowledge)

Five Types of duties

Protection of the natural resources

Unit:2 Analysis of thoughts :

Ten stages of the Mind

Five kosas of the mind - Maintaining good Relationships

Thought - Importance of thoughts - Reasons for Thoughts

Practice of Analysis of Thoughts

Unit:3 Moralization of Desires

Definition of desire - Root causes for desires - Types of desires

Desires Essential for success

Practice for Moralization of Desires

Thought - Reformation - Frugality

Unit:4 Neutralization of Anger, Eradication of Worries

Anger - Reasons for Anger - Anger and Peace - III effects of anger -

Tolerance and Forgiveness - Neutralization of Anger - practice.

Diversity in Men (Why Men Differ)

Love and compassion

Eradication of Worries: Reasons for Worries - Four types of worries - III effects - results - Practice for Eradication of Worries

Yoga Practices 2 :

LOOSENING JOINTS

SURIYANAMASKAR – KEDNRA MODEL

Yoga Practices - 1 (+) Thandasana

Chakrasana (sideways)

Vruchasana

Thirikonasana - Vajrasana

Reference Books:

1. The world order of Holistic unity - Thathuvagnani Vethathiri Maharishi.
2. Manavalakalai part - 1 - Thathuvagnani Vethathiri Maharishi.
3. Manavalakalai part - 2 - Thathuvagnani Vethathiri Maharishi.
4. Mind - Thathuvagnani Vethathiri Maharishi.
5. Light on Yoga - BKS.Iyenger

Yoga for human

Enrichur

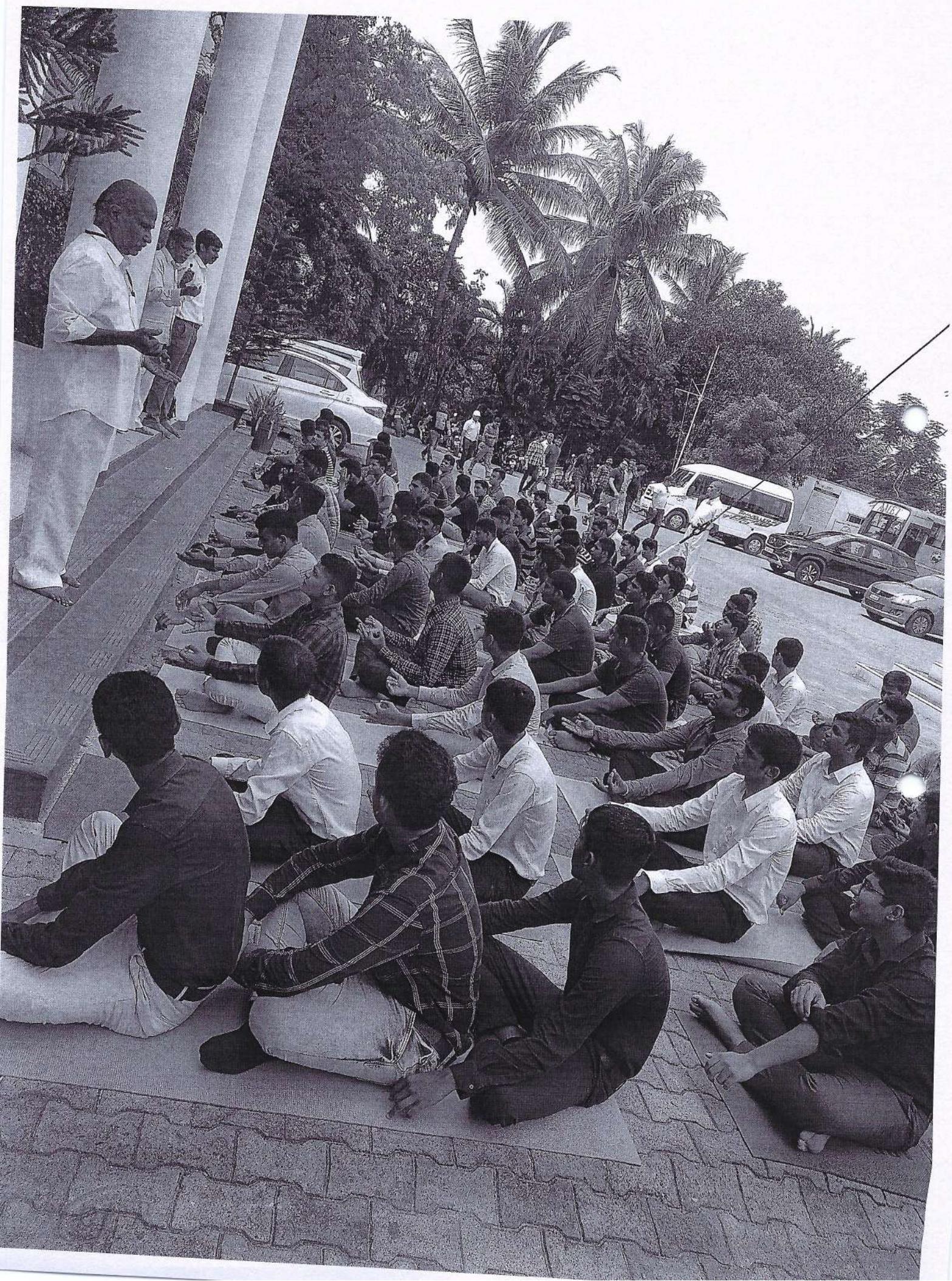
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1. 21	AKASH . P	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/			
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4. 24	BABU DINESH NAGA NEEB	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				
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6. 26	CHATHAYA M	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				
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9. 29	GIESSEN SURENDRA . S	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				
10. 30	GLEDWYN THOMAS	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				
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12. 32	HARIHARAN . K . S	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				
13. 33	HARIHARA SEDHAI . S	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				
14. 34	HARISH KANAN . M	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				
15. 35	HARISH PREKENDRA . S	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				
16. 36	HARIVATAVEL R	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				
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18. 38	JAYANT	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				
19. 39	JEANTHAN . S . H	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				
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21. 41	JOSEPH SATU J	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				
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23. 43	KOGESHUMAN J	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				
24. 44	KOTHURAI KALAI S	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				
25. 45	MOHAMED ASIF AL . M	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				
26. 46	MANDA VENKATESH	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				
27. 47	PRABHU KODDARAH	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				
28. 48	R MOHINI K	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				
29. 49	SANTHOSH APARNA	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/				

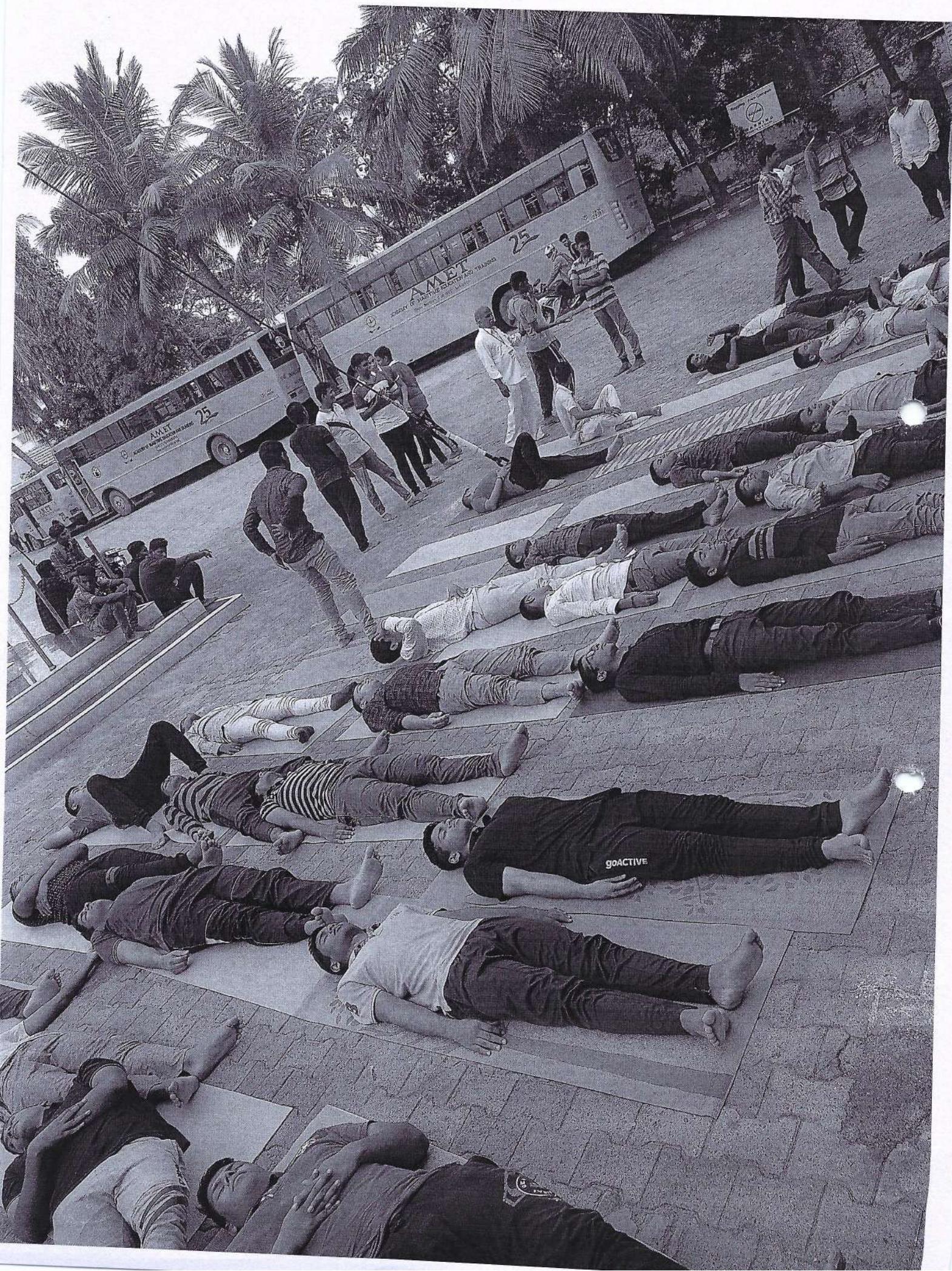
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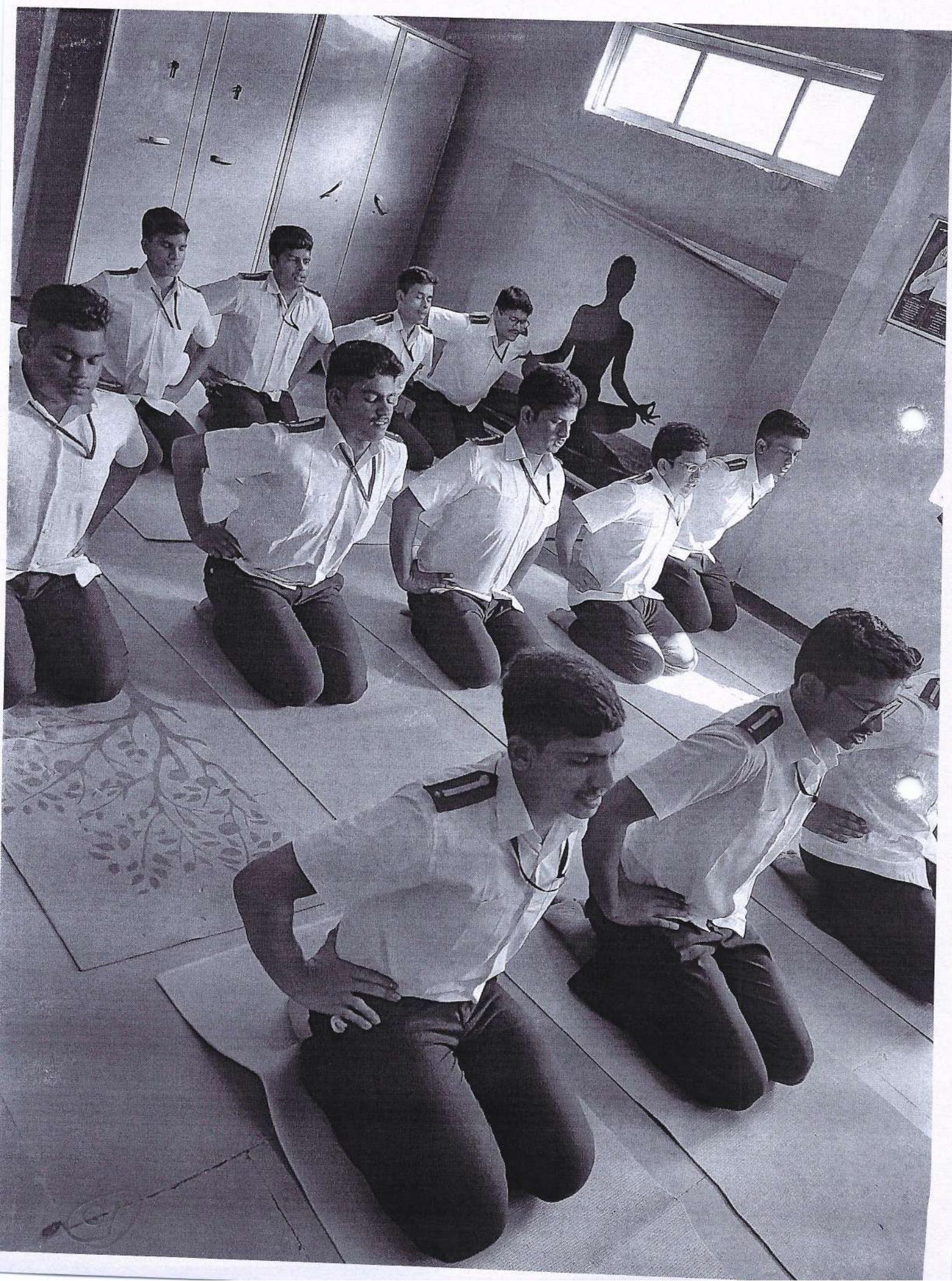
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(Under Section 3 of UGC ACT 1956)



The World Community Service Centre

CERTIFICATE

This is to certify that Mr./Ms.
DINESH · P · 17087 has
participated the value added program of Yoga for Human Excellence / Yoga
for Health / Yoga for Youth Empowerment offered by the Centre of Yoga for
Human Excellence, AMET University in association with The World
Community Service Centre (WCSC), Vision for Wisdom held from Aug 2019
to Dec 2019. (36 Hours Program)


President
WCSC-Kancheepuram Zone


Registrar
AMET


Vice Chancellor
AMET

(4)



(3)

TRAINING FEEDBACK FORM

Name of the program : *Yoga for health*

Date of Programme : *Oct. 2019*

Name of the Trainer : *Mr. Sundaresan & Mr. Kathir*

Name of the participant : *S vignesh - 2862B*

Department : *Nautical Science*

S. No.	Parameter	Strongly agree %	Agree %	Not sure %	Disagree %	Strongly disagree %
1	Main point of the course was clear & easily understood	✓				
2	Open discussions during the course were easily understandable & very helpful to the participants		✓			
3	The course instructors had command over the subject matter	✓				
4	Instructors kept the people interested at all times	✓				
5	I feel I learnt something to enhance my effectiveness	✓				
6	Value Added Courses are well structured and effective.	✓				
7	Prescribed text books & reference books are adequate and appropriate		✓			
8	Lecture/Tutorials/practical classes are of high quality		✓			
9	Student ideas are considered and addressed			✓		
10	The curriculum has appropriate methods of continuous assessment method.	✓				

(IV) Any other Comments.

Vignesh
SIGNATURE/DATE



AMET

ACADEMY OF MARITIME EDUCATION AND TRAINING

TRAINING FEEDBACK FORM

Name of the program : *yoga for health*

Date of Programme : *NOV. 2019*

Name of the Trainer : *Mrs. Kathir*

Name of the participant : *Suraj Pandiyam S → 2867 B*

Department : *Marine Engineering*

S. No.	Parameter	Strongly agree %	Agree %	Not sure %	Disagree %	Strongly disagree %
1	Main point of the course was clear & easily understood	✓				
2	Open discussions during the course were easily understandable & very helpful to the participants		✓			
3	The course instructors had command over the subject matter	✓				
4	Instructors kept the people interested at all times	✓				
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7	Prescribed text books & reference books are adequate and appropriate		✓			
8	Lecture/Tutorials/practical classes are of high quality		✓			
9	Student ideas are considered and addressed	✓				
10	The curriculum has appropriate methods of continuous assessment method.		✓			

(IV) Any other Comments.

Suraj Pandiyam
SIGNATURE/DATE



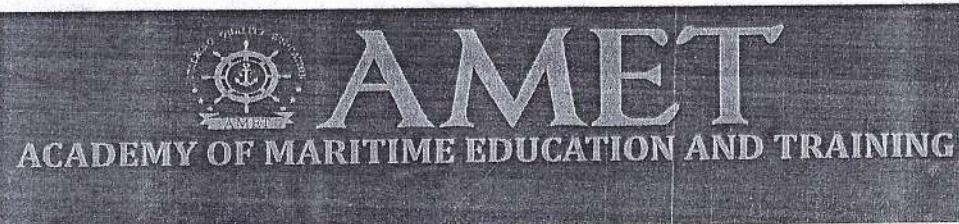
TRAINING FEEDBACK FORM

Name of the program : Yoga for Health
 Date of Programme : Nov Feb 2019
 Name of the Trainer : Mr. Kartik & Mr. Chodenbam
 Name of the participant : Logesh E - 2670 B
 Department : Marine Engineering

S. No.	Parameter	Strongly agree %	Agree %	Not sure %	Disagree %	Strongly disagree %
1	Main point of the course was clear & easily understood	✓				
2	Open discussions during the course were easily understandable & very helpful to the participants	✓				
3	The course instructors had command over the subject matter	✓				
4	Instructors kept the people interested at all times		✓			
5	I feel I learnt something to enhance my effectiveness		✓			
6	Value Added Courses are well structured and effective.		✓			
7	Prescribed text books & reference books are adequate and appropriate	✓				
8	Lecture/Tutorials/practical classes are of high quality		✓			
9	Student ideas are considered and addressed	✓				
10	The curriculum has appropriate methods of continuous assessment method.	✓				

(IV) Any other Comments.

SIGNATURE/DATE

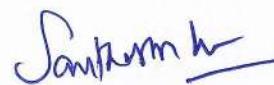


TRAINING FEEDBACK FORM

Name of the program : Yoga For Health
Date of Programme : Nov. 2019
Name of the Trainer : Mr. Sampath Kumar
Name of the participant : Samarth R - 2819 B
Department : ME

S. No.	Parameter	Strongly agree %	Agree %	Not sure %	Disagree %	Strongly disagree %
1	Main point of the course was clear & easily understood	✓				
2	Open discussions during the course were easily understandable & very helpful to the participants	✓				
3	The course instructors had command over the subject matter		✓			
4	Instructors kept the people interested at all times		✓			
5	I feel I learnt something to enhance my effectiveness		✓			
6	Value Added Courses are well structured and effective.	✓				
7	Prescribed text books & reference books are adequate and appropriate	✓				
8	Lecture/Tutorials/practical classes are of high quality		✓			
9	Student ideas are considered and addressed		✓			
10	The curriculum has appropriate methods of continuous assessment method.	✓				

(IV) Any other Comments.


SIGNATURE/DATE



TRAINING FEEDBACK FORM

Name of the program : *Yoga for Health*

Date of Programme : *NOV. 2019*

Name of the Trainer : *Mr. S. Balakrishnan & Mr. Kathir*

Name of the participant : *Hanish G 2964 B*

Department :

S. No.	Parameter	Strongly agree %	Agree %	Not sure %	Disagree %	Strongly disagree %
1	Main point of the course was clear & easily understood	✓				
2	Open discussions during the course were easily understandable & very helpful to the participants		✓			
3	The course instructors had command over the subject matter	✓				
4	Instructors kept the people interested at all times	✓				
5	I feel I learnt something to enhance my effectiveness	✓				
6	Value Added Courses are well structured and effective.		✓			
7	Prescribed text books & reference books are adequate and appropriate	✓				
8	Lecture/Tutorials/practical classes are of high quality	✓				
9	Student ideas are considered and addressed			✓		
10	The curriculum has appropriate methods of continuous assessment method.			✓		

(IV) Any other Comments.

Schedule has to share in advance.


SIGNATURE/DATE



AMET
ACADEMY OF MARITIME EDUCATION AND TRAINING

TRAINING FEEDBACK FORM

Name of the program : *Yoga for Health enrichment*
 Date of Programme : *Oct. 2019 - Dec. 2019*
 Name of the Trainer : *Sampath kum*
 Name of the participant : *Anand A - 29513 B*
 Department :

S. No.	Parameter	Strongly agree %	Agree %	Not sure %	Disagree %	Strongly disagree %
1	Main point of the course was clear & easily understood	✓	✗			
2	Open discussions during the course were easily understandable & very helpful to the participants		✓			
3	The course instructors had command over the subject matter		✓			
4	Instructors kept the people interested at all times		✓			
5	I feel I learnt something to enhance my effectiveness		✓			
6	Value Added Courses are well structured and effective.		✓			
7	Prescribed text books & reference books are adequate and appropriate		✓			
8	Lecture/Tutorials/practical classes are of high quality	✓		✓		
9	Student ideas are considered and addressed	✓				
10	The curriculum has appropriate methods of continuous assessment method.		✓			

(IV) Any other Comments.

Anand.

SIGNATURE/DATE



TRAINING FEEDBACK FORM

Name of the program : *yoga for Health Enrichment*
Date of Programme : *Oct. 2019*
Name of the Trainer : *Dr. Krishnamurthy*
Name of the participant : *Stalin K - 2367 B*
Department :

S. No.	Parameter	Strongly agree %	Agree %	Not sure %	Disagree %	Strongly disagree %
1	Main point of the course was clear & easily understood	✓				
2	Open discussions during the course were easily understandable & very helpful to the participants	✓				
3	The course instructors had command over the subject matter		✓			
4	Instructors kept the people interested at all times		✓			
5	I feel I learnt something to enhance my effectiveness		✓			
6	Value Added Courses are well structured and effective.	✓				
7	Prescribed text books & reference books are adequate and appropriate	✓				
8	Lecture/Tutorials/practical classes are of high quality		✓			
9	Student ideas are considered and addressed	✓				
10	The curriculum has appropriate methods of continuous assessment method.		✓			

(IV) Any other Comments.


SIGNATURE/DATE



AMET
ACADEMY OF MARITIME EDUCATION AND TRAINING

TRAINING FEEDBACK FORM

Name of the program : *Yoga for Health Enrichment*
 Date of Programme : *NOV. 2019*
 Name of the Trainer : *Dr. Krishnamoorthy*
 Name of the participant : *Sanjay 2351 B*
 Department :

S. No.	Parameter	Strongly agree %	Agree %	Not sure %	Disagree %	Strongly disagree %
1	Main point of the course was clear & easily understood		✓			
2	Open discussions during the course were easily understandable & very helpful to the participants	✓				
3	The course instructors had command over the subject matter	✓	✗			
4	Instructors kept the people interested at all times	✓				
5	I feel I learnt something to enhance my effectiveness		✓			
6	Value Added Courses are well structured and effective.		✓			
7	Prescribed text books & reference books are adequate and appropriate		✓			
8	Lecture/Tutorials/practical classes are of high quality	✓				
9	Student ideas are considered and addressed	✓				
10	The curriculum has appropriate methods of continuous assessment method.		✓			

(IV) Any other Comments.

Sanjay
SIGNATURE/DATE



TRAINING FEEDBACK FORM

Name of the program : *Yoga for Health Enrichment*
 Date of Programme : *Nov. 2019*
 Name of the Trainer : *Mrs. Chidambaram*
 Name of the participant : *Sri Ram P. 2357 - B*
 Department :

S. No.	Parameter	Strongly agree %	Agree %	Not sure %	Disagree %	Strongly disagree %
1	Main point of the course was clear & easily understood	✓				
2	Open discussions during the course were easily understandable & very helpful to the participants	✓				
3	The course instructors had command over the subject matter		✓			
4	Instructors kept the people interested at all times		✓			
5	I feel I learnt something to enhance my effectiveness		✓			
6	Value Added Courses are well structured and effective.	✓				
7	Prescribed text books & reference books are adequate and appropriate	✓				
8	Lecture/Tutorials/practical classes are of high quality		✓			
9	Student ideas are considered and addressed	✓				
10	The curriculum has appropriate methods of continuous assessment method.		✓			

(IV) Any other Comments.

Sri Ram P.
SIGNATURE/DATE



AMET
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TRAINING FEEDBACK FORM

Name of the program : *Yoga for Health Enrichment*
 Date of Programme : *NOV. 2019*
 Name of the Trainer : *Mrs. Baktha & Mr. Chidambaram.*
 Name of the participant : *Balaji - M - 2654-B*
 Department :

S. No.	Parameter	Strongly agree %	Agree %	Not sure %	Disagree %	Strongly disagree %
1	Main point of the course was clear & easily understood	✓				
2	Open discussions during the course were easily understandable & very helpful to the participants	✓				
3	The course instructors had command over the subject matter		✓			
4	Instructors kept the people interested at all times	✓				
5	I feel I learnt something to enhance my effectiveness			✓		
6	Value Added Courses are well structured and effective.	✓				
7	Prescribed text books & reference books are adequate and appropriate	✓				
8	Lecture/Tutorials/practical classes are of high quality		✓			
9	Student ideas are considered and addressed		✓			
10	The curriculum has appropriate methods of continuous assessment method.	✓				

(IV) Any other Comments.

Balaji
SIGNATURE/DATE



TRAINING FEEDBACK FORM

Name of the program : *Yoga for Health enhancement*

Date of Programme : *Dec. 2019*

Name of the Trainer : *MR. Sundaresan.*

Name of the participant : *Nitin. S.S 3002-B*

Department :

S. No.	Parameter	Strongly agree %	Agree %	Not sure %	Disagree %	Strongly disagree %
1	Main point of the course was clear & easily understood	✓				
2	Open discussions during the course were easily understandable & very helpful to the participants	✓				
3	The course instructors had command over the subject matter		✓			
4	Instructors kept the people interested at all times		✓			
5	I feel I learnt something to enhance my effectiveness		✓			
6	Value Added Courses are well structured and effective.		✓			
7	Prescribed text books & reference books are adequate and appropriate	✓				
8	Lecture/Tutorials/practical classes are of high quality	✓				
9	Student ideas are considered and addressed	✓				
10	The curriculum has appropriate methods of continuous assessment method.		✓			

(IV) Any other Comments.

Nitin S.S
SIGNATURE/DATE

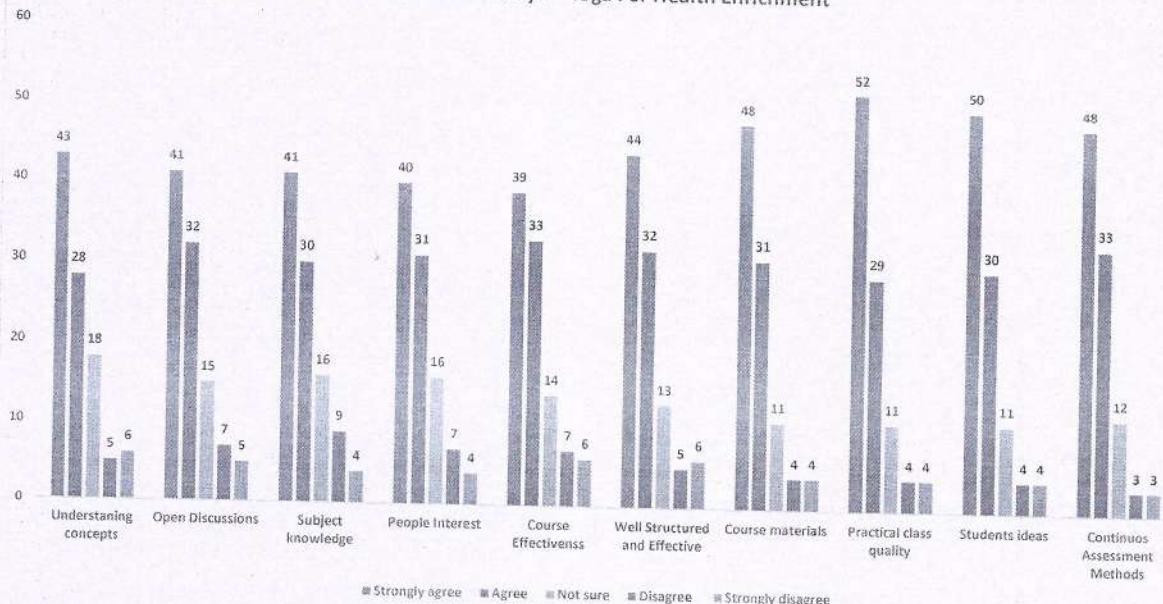
5

Feedback Analysis								
Course Name : Yoga For Health Enrichment		B.E Marine Enginnering						

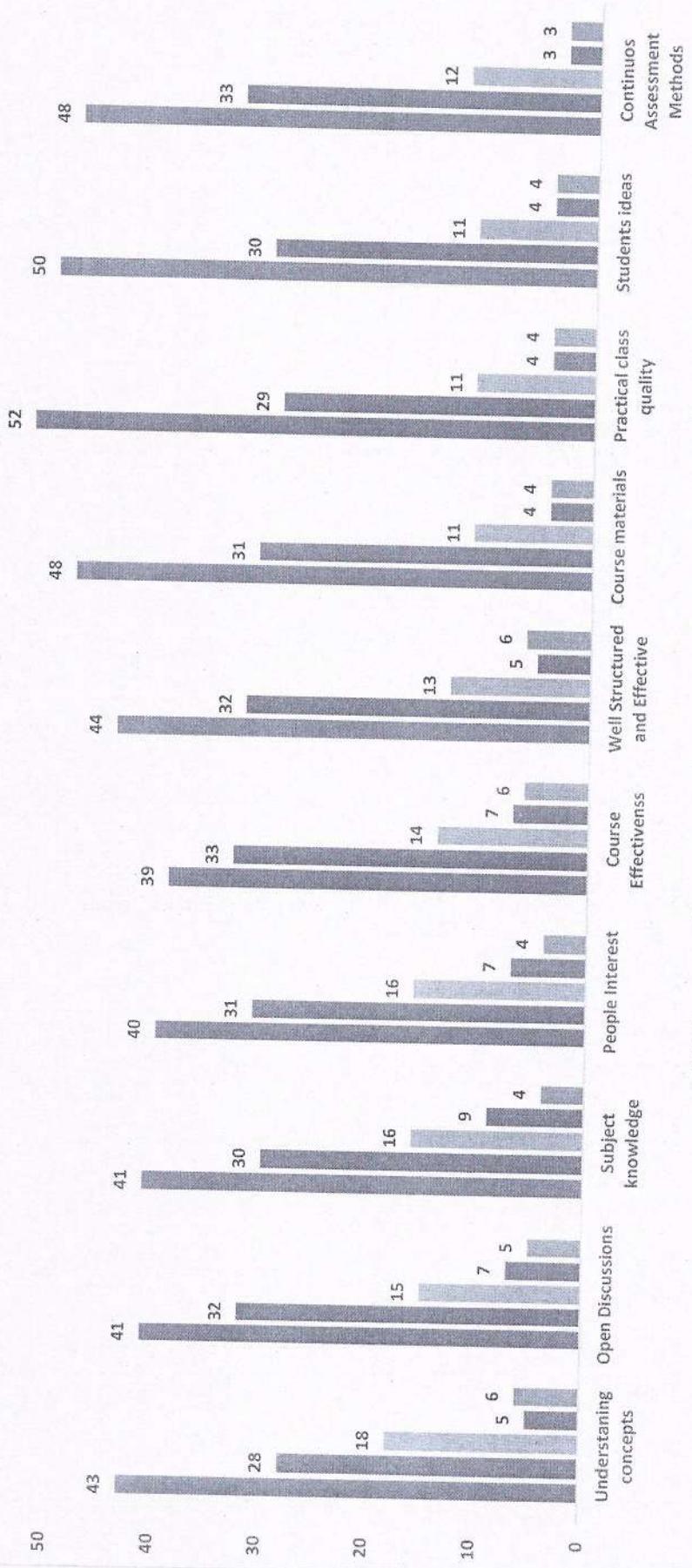
Total Students - 824, Reponded - 742

S. no.	Parameter	Short form of Parameter	Strongly agree %	Agree %	Not sure %	Disagree %	Strongly disagree %	Total
1	Main point of the course was clear & easily understood	Understaning concepts	43	28	18	5	6	100
2	Open discussions during the course were easily understandable & very helpful to the participants	Open Discussions	41	32	15	7	5	100
3	The course instructors had command over the subject matter	Subject knowledge	41	30	16	9	4	100
4	Instructors kept the people interested at all times	People Interest	40	31	16	7	4	100
5	I feel I learnt something to enhance my effectiveness	Course Effectivenss	39	33	14	7	4	98
6	Value Added Courses are well structured and effective.	Well Structured and Effective	44	32	13	5	6	99
7	Prescribed text books & reference books are adequate and appropriate	Course materials	48	31	11	4	4	100
8	Lecture/Tutorials/practical classes are of high quality	Practical class quality	52	29	11	4	4	98
9	Student ideas are considered and addressed	Students ideas	50	30	11	4	4	100
10	The curriculum has appropriate methods of continuous assessment method.	Continuos Assessment Methods	48	33	12	3	3	99

Feedback Analayis - Yoga For Health Enrichment



Feedback Analysis - Yoga For Health Enrichment



(2)



AMET

ACADEMY OF MARITIME EDUCATION AND TRAINING

(Declared as Deemed to be) **UNIVERSITY** u/s 3 of UGC Act 1956



CENTRE FOR YOGA AND HUMAN EXCELLENCE

Course brochure for Yoga for Human Excellence

Course Brochure

Course Name	Yoga for Human Excellence
Course Offered by	World Community Service Centre, Pollachi, Aliyar
Co-Coordinator	Bakthavatchalam S
Instructor	Sampath Kumar
Course structure	
1. Course	Paper 1 – Yoga and Empowerment Paper 2 – Prosperity of Mind
2. Class	Class room and Yoga Centre
3. Number of students	1000 Approximately
4. Duration No. of Hours in a Week	36 Hours – Sep 2019 to Nov 2019

Course Brochure

Pre-Rquisite	Basic knowledge about yoga and exercises
About the Course	This course is designed by WCSE, Pollachi, Aliyar
Course Objectives	<ul style="list-style-type: none"> • Trains the students to develop their body for leading a healthy life. • Rejuvenates the life energy to retard the ageing process and to achieve spiritual development. • Follow meditation practices to strengthen their mind, increase their will power, concentration, creativity and receptivity and ultimately to transform the mind to achieve self-realization. • Practice introspection techniques to purify mind. • Helps every individual to realize the enduring values of peace, no-violence and harmony to revitalize human society for restoring its sanity and strength.
Course Outcome	After completing this course, student may practice and attain good health and strong mind
Topics Covered	Physical Health, Strengthening Life Force, Wellness of Mind, Virtues, Morals Philosophy of Life, Analysis of Thoughts, Moralization of Desires, Anger Management, Positive thinking and Analysis of thought

Learning References	QCI Yoga Book, CBSE 12 th Standard book, Aliyar Study Materials, Library First Floor Rack 5 Study Materials.
Assessment Method	Objective questions and Practical Test

Course Brochure

Attendance Sheet	Maintained in each department and Classes. Excel sheet maintained, Scheduling and planning
Few Photographs	Available
10% of Certificate Copies	Preparation is going on
Feedback	To be collected
Action Taken Report	No negative feedback

(9)

Group 2

S.No	Register Number	Roll Number	Name	
1	AME16041	2250B	BRUNO FEBIYON ROBERT	
2	AME16042	2251B	CHARLES GEORGE	
3	AME16043	2252B	CHINTU KUMAR	
4	AME16044	2253B	DEEPAK FRANCIS S	
5	AME16045	2254B	DHANUSH DILEEP	
6	AME16046	2255B	DHARMENDRAN	
7	AME16047	2256B	DHAVAN POOVAIAH P S	
8	AME16048	2257B	DHVAGAR B	
9	AME16049	2258B	DINAKARAN S	
10	AME16050	2259B	DINESH KUMAR R	
11	AME16052	2261B	DINESH KUMAR U	
12	AME16053	2262B	DUBAKULA YUGESH	
13	AME16054	2263B	EDWIN PRADEEP T R	
14	AME16055	2264B	EL SIN JACOB E	
15	AME16056	2265B	FABIR M	
16	AME16057	2266B	FRANCIS PAUL MANKADIYAN	
17	AME16058	2267B	MADAN G	
18	AME16060	2269B	GIRIDHARAN V	
19	AME16061	2270B	GIRINATH L	
20	AME16062	2271B	GIVISH I K	
21	AME16063	2272B	GOBALAKRISHNAN D	
22	AME16064	2273B	GOKULAKANNAN R	
23	AME16065	2274B	P GOPIKRISHNA	
24	AME16066	2275B	GOVIND SHANTHI RAM V	
25	AME16067	2276B	GOWTHAM KUMAR R	
26	AME16068	2277B	GOWTHAM R	
27	AME16069	2278B	HANOCH MANOHAR	
28	AME16070	2279B	HARIHARAN N	
29	AME16071	2280B	HARSHA VARDHAN SEN DONKADA	
30	AME16072	2281B	HARSHIT DHYANI	
31	AME16073	2282B	HEMASUNDARA RAO	
32	AME16074	2283B	JACKCIN J	
33	AME16075	2284B	JAMIE ANDREWS	
34	AME16077	2286B	JEEVAN PRASANNA KUMAR C H	
35	AME16078	2287B	JAYAPRAKASH J	
36	AME16079	2288B	JIBIN THOMAS	
37	AME16080	2289B	JISHNU G S	
38	AME16203	2413B	PRASENNNA M S	
39	AME16204L	L2414B	CHAURASIA SAGAR CHANDRAPRAKASH	
40	AME16209L	L2419B	RAJENDRAN P	

Group 3

S.No	Register Number	Roll Number	Name	
1	AME16082	2291B	JOTHEESWARAN R	

2	AME16083	2292B	JOTHINATHAN K
3	AME16084	2293B	KALYANA SUNDARAM
4	AME16085	2294B	KAMALEDH A
5	AME16086	2295B	KARTHIK CHANDRA SHARMA
6	AME16087	2296B	KOLLI BALA KRISHNA
7	AME16088	2297B	KRISHNA KUMAR R
8	AME16089	2298B	KULDEEP SINGH RATHORE
9	AME16090	2299B	KUMAR PRINCE
10	AME16091	2300B	KUNAL CHOUDHARY B
11	AME16092	2301B	KUNDAN KUMAR
12	AME16093	2302B	LIGESVARMA K P
13	AME16094	2303B	MANIKANDAN S K
14	AME16095	2304B	MATHAN RAJ T
15	AME16096	2305B	MAYAKRISHNAN A
16	AME16097	2306B	MOHAMED THAMEEM A
17	AME16098	2307B	MOHAMMEDSHAHIR K
18	AME16099	2308B	MOHANRAJ P
19	AME16100	2309B	MOHIT KUMAR
20	AME16101	2310B	MUGESHRAJA A
21	AME16102	2311B	MUHAMMED HUSSAIN H
22	AME16103	2312B	MUKESH PRASHANTH T
23	AME16104	2313B	MUNEESWARAN A
24	AME16105	2314B	MURALI S
25	AME16106	2315B	MURUGAIYAN S
26	AME16107	2316B	MUTHU RAJ K
27	AME16108	2317B	MUTHUKUMAR A
28	AME16109	2318B	NALLENDIRAN N
29	AME16110	2319B	NARENDRA SINGH NIRWAN
30	AME16111	2320B	NAVANEETHAKRISHNAN K
31	AME16112	2321B	NAVEEN KUMAR R
32	AME16113	2322B	NAVEEN KUMAR V
33	AME16114	2323B	NITHESH KUMAR N
34	AME16115	2324B	PANGARU S
35	AME16116	2325B	PATAM SUNEEL KUMAR
36	AME16117	2326B	POOVARASAN V
37	AME16118	2327B	PRABATH E
38	AME16119	2328B	PRAKASH R
39	AME16120	2329B	PRAVEEN KUMAR A
40	AME16208L	L2418B	RAGUL GANDHI V

Group 4

S.No	Register Number	Roll Number	Name
1	AME16121	2330B	PRAVEEN KUMAR V T
2	AME16122	2331B	PRAVEEN P
3	AME16123	2332B	PRAVEEN M
4	AME16124	2333B	Preetham J
5	AME16126	2335B	PUTCHA ADINARAYANA

6	AME16127	2336B	RAHUL KUMAR
7	AME16128	2337B	RAJ KUMAR G
8	AME16129	2338B	RAJARATHINAM L K
9	AME16130	2339B	RAJESH D
10	AME16131	2340B	RAJKUMAR J
11	AME16132	2341B	RAJKUMAR V
12	AME16133	2342B	RAMA KRISHNAN K
13	AME16134	2343B	RANJITH KUMAR R
14	AME16135	2344B	RANJITH KUMAR R P
15	AME16136	2345B	RANJITH R
16	AME16137	2346B	REJET P
17	AME16138	2347B	RISHABH GUPTA
18	AME16140	2349B	RUSHMAN D
19	AME16141	2350B	SAHAYA SHAM D S
20	AME16142	2351B	SANJAY
21	AME16143	2352B	SANJAY R
22	AME16144	2353B	SANKAR D
23	AME16145	2354B	SANTHOSH KUMAR S
24	AME16146	2355B	SATHIYA NARAYANAN S
25	AME16147	2356B	SATHYA PRABHU S
26	AME16148	2357B	SATHYAMOORTHI S
27	AME16149	2358B	SAVIO FRANCIS M S
28	AME16150	2359B	SELVA GOWTHAM T
29	AME16151	2360B	SELVAN.S
30	AME16152	2361B	SHAIK FAZIL
31	AME16153	2362B	SHASHI RANJAN
32	AME16154	2363B	SHEHBAAZ SINGH
33	AME16156	2365B	SILUVAI ANTONY
34	AME16157	2366B	JEELAKARRA SIVA SURYANARAYANA
35	AME16158	2367B	SNOWBERIN S
36	AME16159	2368B	SOMESH KUMAR.V
37	AME16160	2369B	SRAVAN KUMAR P
38	AME16199	2408B	RAUSHAN KUMAR
39	AME16205L	L2415B	GURUPRASAND C B
40	AME16207L	L2417B	PROSENJIT DAS

Group 5

S.No	Register Number	Roll Number	Name
1	AME16161	2370B	SREE RAM S J
2	AME16162	2371B	SREERAG S B
3	AME16163	2372B	SREETHARAN M
4	AME16164	2373B	SRIMAN REDDY
5	AME16165	2374B	SRINATH M
6	AME16166	2375B	SRIRAM P
7	AME16167	2376B	STALIN K
8	AME16168	2377B	SUDARSHAN P
9	AME16169	2378B	SUDARSHANAVENKATESH K

10	AME16170	2379B	SUGANTHAN S
11	AME16171	2380B	SUJITH N
12	AME16172	2381B	SURESH KARANAM
13	AME16173	2382B	SURIYANARAYAN.P
14	AME16174	2383B	SYED KABOOR A
15	AME16175	2384B	TEJAS SINGAL
16	AME16176	2385B	THEJAS A NAIR
17	AME16177	2386B	TRINETHRA REDDY V
18	AME16178	2387B	TUNGANA ANIL KUMAR
19	AME16179	2388B	UDHAYA G
20	AME16180	2389B	UTHAPPA A G
21	AME16181	2390B	VASANTH KUMAR Y
22	AME16182	2391B	VEDHABURISWARAN R
23	AME16183	2392B	VEERANGAN K
24	AME16184	2393B	VENKATESH S
25	AME16185	2394B	VENKATESH S
26	AME16186	2395B	VIGNESHWAR B
27	AME16187	2396B	VIJAY S
28	AME16188	2397B	VIJAYPANDI K
29	AME16189	2398B	VIMALKANTH X
30	AME16190	2399B	VINOD KUMAR C H
31	AME16191	2400B	VINOOTH M
32	AME16192	2401B	VINOTHRaja D
33	AME16193	2402B	Vishal Goyal
34	AME16194	2403B	VISHAL M
35	AME16195	2404B	VISHWA P
36	AME16196	2405B	VISWANTH K
37	AME16197	2406B	VINOOTHBABU S
38	AME16200	2409B	VENKATESH B
39	AME16206L	L2416B	MAHAVISHNU V
40	AME16210L	L2420B	RAMSUNDAR P

BE (Marine Engineering) - 17 (2017-2021)

Third Year

Group 1

S.No	Roll No	Reg. No	Student Name	
1	2421B	AME17001	AAKASH P	
2	2422B	AME17002	ABINESH A	
3	2423B	AME17003	ABISHEK M	
4	2424B	AME17004	ADHIL SIYAD P	
5	2425B	AME17005	ADITYA VERMA	
6	2426B	AME17006	AJAY	
7	2427B	AME17007	AJAY KUMAR CHENNUPATI	
8	2428B	AME17008	AJAY R KUMAR	
9	2429B	AME17009	AJAY V	
10	2430B	AME17010	AJILU B	
11	2431B	AME17011	AKASH A	
12	2432B	AME17012	ALBIN VARGHESE	
13	2433B	AME17013	ALOK SINGH	
14	2434B	AME17014	ALOK SINGH	
15	2435B	AME17015	ANAND YADAV	
16	2436B	AME17016	ANANDH V	
17	2437B	AME17017	ANDREWS T	
18	2438B	AME17018	ANISH C	
19	2439B	AME17019	ANTONY T JAMES	
20	2440B	AME17020	APRAMEYA K P	
21	2441B	AME17021	APURV RAJ	
22	2442B	AME17022	AQIB KHAN	
23	2444B	AME17024	ARJUN JAYANKER	
24	2445B	AME17025	ARJUN P	
25	2446B	AME17026	ARUN A	
26	2447B	AME17027	ARUNKUMAR M	
27	2448B	AME17028	ARUN KUMAR V	
28	2449B	AME17029	ARUN KUMAR A	
29	2450B	AME17030	ARUNKUMAR G P	
30	2451B	AME17031	S ASHISH	
31	2452B	AME17032	PATIL ASHISH RAVINDRA	
32	2453B	AME17033	ASHOKKUMAR V	
33	2454B	AME17034	ASHWANTH GANDHI.V	
34	2455B	AME17035	ASWIN SAKTHIVEL R	
35	2456B	AME17036	AYUSH RANA	
36	2457B	AME17037	BALAGURU V	
37	2458B	AME17038	BALASUBRAMANIAN G	
38	2459B	AME17039	BALASUBRAMANIAN V	
39	2460B	AME17040	BALA VIGNESH P	
40	2672B	AME17252	ABISANTH P	

Group 2

S.No	Roll No	Reg. No	Student Name	
1	2461B	AME17041	BARATHKODI M	

2	2462B	AME17042	BENARJI R L	
3	2463B	AME17043	RAMIGANI BHRUGESH REDDY	
4	2464B	AME17044	BHUVANESH A	
5	2465B	AME17045	BRIJESH PRADHAN	
6	2466B	AME17046	CHANDRU R	
7	2468B	AME17048	CHRISTY CAIRNS	
8	2469B	AME17049	CLINDON A	
9	2470B	AME17050	DANIEL M	
10	2471B	AME17051	DAWOODSULAIMAN A	
11	2472B	AME17052	DHANAGOPAL S	
12	2473B	AME17053	DHANARAJAN R	
13	2474B	AME17054	DHANESH A	
14	2475B	AME17055	DHRUVA AGARWAL	
15	2476B	AME17056	M DINESH BABU	
16	2477B	AME17057	DINESH P	
17	2478B	AME17058	GANDHAVARAPU SAI KUMAR	
18	2479B	AME17059	GANISH S	
19	2480B	AME17060	GEORGY S JOHN	
20	2481B	AME17061	GLADWIN KINGSTON K	
21	2482B	AME17062	GOKUL S	
22	2484B	AME17064	GOKULNATH G	
23	2485B	AME17065	GOKULPANDI S	
24	2487B	AME17067	GURUPREMNATH K	
25	2488B	AME17068	GURUKESWAR S	
26	2489B	AME17069	HAJAMUGAYADEEN S	
27	2490B	AME17070	HARI HARAN.R	
28	2491B	AME17071	HARIHARAN J	
29	2492B	AME17072	HARIHARAN V	
30	2493B	AME17073	HARISH KARTHICK S	
31	2494B	AME17074	HARISH V	
32	2495B	AME17075	HARSH JHA H	
33	2496B	AME17076	KORLAPATI HEMANTH	
34	2497B	AME17077	HRUDAY L	
35	2498B	AME17078	JAGADEESHWARAN.K	
36	2500B	AME17080	JAMINE JAISON	
37	2667B	AME17247	MOULISHWARAN.K	
38	2668B	AME17248	SURYA .K	
39	2669B	AME17249	ELAMARAN S R	
40	2673B	AME17253	SHAURYA BANGWAL	

Group 3			
S.No	Roll No	Reg. No	Student Name
1	2501B	AME17081	JATIN THAKUR
2	2502B	AME17082	JENISH RAJ M
3	2503B	AME17083	JINISTUS ANTONY J
4	2504B	AME17084	JITHIN JOHN MATHEW
5	2505B	AME17085	JOHN ALOYSIUS J
6	2506B	AME17086	AROGYANATHAN JOHN PAUL
7	2507B	AME17087	V J JOHN
8	2508B	AME17088	JYOTHISH J S
9	2509B	AME17089	KACHAIAH M
10	2510B	AME17090	KALIDASS K
11	2511B	AME17091	KALUTLA ZULKHAR NAYEEN E
12	2512B	AME17092	KARAN G
13	2513B	AME17093	B KARTHIK LAL
14	2514B	AME17094	KAJI RAJ K
15	2515B	AME17095	KAVIN M
16	2516B	AME17096	KAIVYAN S
17	2517B	AME17097	KAIVYARASAN S
18	2518B	AME17098	KEERTHIVASAN G
19	2519B	AME17099	KIRAN A
20	2520B	AME17100	KRIJOCIOUS K JACOB
21	2521B	AME17101	LAKSHARAM V
22	2522B	AME17102	MARUPILLA LIKHITH SAI
23	2523B	AME17103	LOGAVARSHANAN S
24	2524B	AME17104	N LOGESHWARAN
25	2525B	AME17105	MAHAMANI M
26	2526B	AME17106	MANISH KUMAR
27	2527B	AME17107	R MANOJ RAJ
28	2528B	AME17108	MANOJ M
29	2529B	AME17109	MANOJKUMAR K V S
30	2530B	AME17110	MATHI SELVAN B
31	2531B	AME17111	MERVIN ISIDORE J
32	2532B	AME17112	MOHAMED ASFAQ T Z
33	2533B	AME17113	MOHAMEDAZHARUDEEN N
34	2534B	AME17114	MOHAMED FAROOK A
35	2535B	AME17115	MOHAMED MYDEEN S
36	2536B	AME17116	MOHAMED YOUSUF H
37	2537B	AME17117	MOHAN RAJ U
38	2538B	AME17118	MOHIT
39	2539B	AME17119	MOHIT GUPTA
40	2540B	AME17120	MUKESH BALA S

Group 4			
S.No	Roll No	Reg. No	Student Name
1	2541B	AME17121	MUNEET SINGH
2	2542B	AME17122	MURUGANANTHAM K
3	2543B	AME17123	MUTHU P
4	2544B	AME17124	NANDALAL KUMAR DAS
5	2545B	AME17125	NANDU R.NAIR
6	2546B	AME17126	NARESH BABU M
7	2547B	AME17127	NAVEEN KUMAR V
8	2548B	AME17128	NIRMAL R
9	2549B	AME17129	NISHANTH P
10	2550B	AME17130	NITHIN M
11	2551B	AME17131	NITHISH KUMAR S
12	2552B	AME17132	NIYASO S
13	2553B	AME17133	PAGUTHARIAN D
14	2554B	AME17134	PARASURAMAN B
15	2555B	AME17135	PAVAN KUMAR U
16	2556B	AME17136	PON CHANDHRU R
17	2557B	AME17137	PONBALAJI R
18	2558B	AME17138	PAPPALA PRABHU KIRAN
19	2559B	AME17139	PRADAP A
20	2560B	AME17140	PRAJWAL K J
21	2561B	AME17141	DARBA PRANAY KRISHNA
22	2562B	AME17142	PRAVEEN T
23	2563B	AME17143	PRAVEEN K
24	2564B	AME17144	RAGUL GANESH R
25	2565B	AME17145	RAHUL BORANA
26	2566B	AME17146	RAJAPANDI L
27	2567B	AME17147	RIFAYATHULLAH H
28	2568B	AME17148	RITESH KUMAR
29	2569B	AME17149	RIYAZUR RAHMAN A
30	2570B	AME17150	IYER SAAHIL GANESH
31	2571B	AME17151	SACHIN KUMAR
32	2572B	AME17152	SAI LOKESH R
33	2573B	AME17153	CHAVVAKULA SAI SANDEEP
34	2574B	AME17154	PAPINENI SAIPAVAN
35	2575B	AME17155	SAIRAM KUMAR N
36	2576B	AME17156	SAKTHIMURUGAN S
37	2577B	AME17157	SAKTHIVEL R
38	2578B	AME17158	SAM X JOSHVA
39	2579B	AME17159	SANDHIEEP A P
40	2580B	AME17160	SANGEETH KUMAR MR

Group 5

S.No	Roll No	Reg. No	Student Name
1	2581B	AME17161	SANJAYANDHAN R
2	2582B	AME17162	SANJEEV YADAV
3	2583B	AME17163	SANKAR S M
4	2584B	AME17164	SANTHOSH KUMAR R
5	2585B	AME17165	SANTHOSH RAGAVEN U R
6	2586B	AME17166	SARATH KUMAR S
7	2588B	AME17168	SATHIYA MOORTHY K
8	2589B	AME17169	SATHYA M
9	2590B	AME17170	SAURABH VERMA
10	2591B	AME17171	SELVARASAN P
11	2592B	AME17172	SETHUPATHI K
12	2594B	AME17174	SHAHRUKH
13	2595B	AME17175	SHAIK FAZIL AHAMAD
14	2596B	AME17176	SHANMUGA RAJ
15	2597B	AME17177	SHARATH M
16	2598B	AME17178	SHIV SHANKAR B N
17	2599B	AME17179	SIJU F
18	2600B	AME17180	SIVAKUMAR S
19	2601B	AME17181	SOMASUNDARAM R
20	2602B	AME17182	SOORYAPRAKASH D
21	2603B	AME17183	SOURAV NAIR
22	2604B	AME17184	SOWRAB A
23	2605B	AME17185	SRIBAN D
24	2606B	AME17186	SRIKANTH M
25	2607B	AME17187	STEVE B BRITTO
26	2608B	AME17188	SUBASH S
27	2609B	AME17189	LEBURU SUBHASH
28	2610B	AME17190	SUJIN D
29	2611B	AME17191	SUJITH R
30	2612B	AME17192	SUNDAR.N
31	2614B	AME17194	SURABOINA GIRINDRA
32	2615B	AME17195	SURESH KRISHNA R
33	2616B	AME17196	SURESHKUMAR S
34	2617B	AME17197	SURESH KUMAR V
35	2618B	AME17198	SURESH M
36	2619B	AME17199	SURESH PANDIAN E
37	2620B	AME17200	SURYAN THOMAS
38	2665B	AME17245	MASANAM TRILOK VARDHAN

Group 6			
S.No	Roll No	Reg. No	Student Name
1	2443B	AME17023	ARAVIND A
2	2622B	AME17202	TAMIL SELVAN P
3	2623B	AME17203	TAMILAZHAGAN P
4	2624B	AME17204	TAMILINNIAN V
5	2625B	AME17205	TAMILVANAN S
6	2626B	AME17206	TEJAS M
7	2627B	AME17207	THARUN KUMAAR K
8	2628B	AME17208	THILAK GANDHI S
9	2629B	AME17209	THOMAS OOMMEN
10	2630B	AME17210	ARISANKULA TIRUMALA VIKAS
11	2631B	AME17211	UDAYASHANKAR J
12	2632B	AME17212	VASANTHA KUMAR K
13	2633B	AME17213	VASANTHKUMAR P
14	2634B	AME17214	VENGATESH R
15	2635B	AME17215	GARIKENA VENKATA MADHAV
16	2637B	AME17217	VENKATESHWARAN A
17	2638B	AME17218	VIFIL VENCY BOSE A
18	2640B	AME17220	VIJAY S
19	2641B	AME17221	VIJAY K
20	2642B	AME17222	VIJAY PRAKASH K S
21	2644B	AME17224	VISHAL
22	2645B	AME17225	VISHNUKUMAR K S
23	2646B	AME17226	VITTAL M
24	2647B	AME17227	VUPPALAPATI VAMSI
25	2649B	AME17229	YASEER S
26	2650B	AME17230	YOGESHWARAN S
27	2651B	AME17231	YUGENDIRAN S
28	2652B	AME17232	YUGESH L
29	2653B	AME17233	YUVARAJKUMAR M
30	2654B	AME17234	BALAJI.M
31	2655B	AME17235	ARIJIT ADAK
32	2656B	AME17236	SUBASHCHANDRU S
33	2657B	AME17237	SURAJ KUMAR DASH
34	2660B	AME17240	RAJESH M
35	2661B	AME17241	SAMUEL JOSEPH PAUL A
36	2662B	AME17242	SANJAY KUMAR R
37	2664B	AME17244	THAMIM ANSARI .K
38	2666B	AME17246	ZIYAN YOUNUS MAYAN
39	2670B	AME17250	LOKESH.E

Group 7			
S.No	Roll No	Reg. No	Student Name
1	L2888B	AME15108R	NEVIL DCRUZ A
2	L2882B	AME17255L	ALBIN RAJ S
3	L2883B	AME17256L	JACOB K KOSHY
4	L2884B	AME17257L	KAMESH S
5	L2885B	AME17258L	MADHUSUDAN J
6	L2886B	AME17259L	MAHIN AZEEB
7	L2887B	AME17260L	MOHAMED YUSUF THARICK H
8	L2889B	AME17262L	PRASANTH S
9	L2890B	AME17263L	PURUSHOTHAMAN R
10	L2891B	AME17264L	SANTHOSH R
11	L2895B	AME17266L	VALLARASU S

BE (Marine Engineering) - 18 (2018-2022)

Second Year

Group 1

S. No	Register Number	Roll Number	Name	Yes/No	Reasons	Signature
1	AME18001	2675B	ABINESH A			
2	AME18002	2676B	ALOK CHANDRA M			
3	AME18003	2677B	ANUISHKUMAR P			
4	AME18004	2678B	BALAJI B			
5	AME18005	2679B	DEVARAJ S			
6	AME18006	2680B	GOKUL DOSS K S			
7	AME18010	2684B	JETTI SUSHMANTH			
8	AME18011	2685B	MADHAVAN V			
9	AME18012	2686B	MANOJ ARAVINDH R			
10	AME18013	2687B	MOHAMMED SAAHIL M A			
11	AME18014	2688B	MUTHU KUMAR A			
12	AME18016	2690B	PRADEEP.T			
13	AME18017	2691B	PRAKASH A			
14	AME18018	2692B	RICHVIN RAJA MORAIS			
15	AME18019	2693B	RITVIK NAIR			
16	AME18020	2694B	SAM ROSHAN S			
17	AME18022	2696B	SATHYA NARAYANAN K			
18	AME18023	2697B	SATHYENDRAN K			
19	AME18024	2698B	SHANMUGA GANESAN P			
20	AME18025	2699B	SHASHANK K			
21	AME18026	2700B	SHOBANESH M			
22	AME18027	2701B	STALIN C			
23	AME18028	2702B	SUDHAKAR A			
24	AME18029	2703B	SURYA K			
25	AME18030	2704B	SYED ANSAR A			
26	AME18031	2705B	TAUSHIF EKBAL			
27	AME18032	2706B	TEWAR MANU UDAYKUMAR MURUGAN			
28	AME18034	2708B	VENUGOPAL M			
29	AME18035	2709B	VETRIVEL J			
30	AME18037	2711B	VINISH MATHEW V			
31	AME18038	2712B	VISHNU K			
32	AME18039	2713B	VISWA M			
33	AME18040	2714B	YUVARAJA S			
34	AME18209	2894B	MEKALA HARI KRISHNA YADAV			
35	AME18214	2900B	DINESH C			
36	AME18256L	L2942B	UJJWAL RASTOGI			
37	AME18257L	L2943B	VARMA O			
38	AME18258L	L2944B	VEEGHNESH.M			
39	AME18261L	L3094B	JAYESH SHARMA			
40	AME18262L	L3095B	SHITHESH			

Group 2			
1	AME18041	2715B	AAKASH K
2	AME18042	2716B	ABISHEK V
3	AME18043	2717B	AKASH AGRAWAL
4	AME18044	2718B	AKSHAY REJI
5	AME18045	2719B	ANANDH V
6	AME18046	2720B	ANASTRAJ K
7	AME18047	2721B	ANKIT JHA
8	AME18048	2722B	ARJUNAN A
9	AME18049	2723B	ARUN B
10	AME18050	2724B	ARUN RAJ S R
11	AME18051	2725B	AYYANAR M
12	AME18052	2726B	BADE PRAVEEN KUMAR
13	AME18053	2727B	BALU MAHENDRA A
14	AME18054	2728B	GOWSHIK K
15	AME18055	2729B	HEMANTH PALLAPOLU
16	AME18056	2730B	JAYASURYA T
17	AME18057	2731B	JEEVA P
18	AME18058	2732B	KAMALESHAN R
19	AME18059	2733B	KARTIK SINGH
20	AME18060	2734B	MANOJ PRABHAKAR M
21	AME18061	2735B	MOHAN RAM R
22	AME18062	2736B	MUTHUSELVAN S
23	AME18063	2737B	MUZHUNILAVAN P
24	AME18064	2738B	NAVIN R
25	AME18065	2739B	NITISH
26	AME18066	2740B	PARVAN ASHOK
27	AME18067	2741B	PRASANNA M
28	AME18070	2744B	RAJESHWARAN B
29	AME18071	2745B	RAM PRASATH V
30	AME18072	2746B	RAM PRATHAP H A
31	AME18073	2747B	RAVIN E
32	AME18074	2748B	SAHIL RANA
33	AME18075	2749B	SHAIK HAZI ALAHAM
34	AME18077	2751B	SRIKANTH A
35	AME18078	2752B	SRINATH B
36	AME18079	2753B	BATHULA VIDHYASAGAR
37	AME18080	2754B	VISVESWARAN S
38	AME18205	2879B	YEDLA SHYAM DEEPAK

Group 3			
1	AME18081	2755B	ABDUL RAHUMAN M
2	AME18082	2756B	ABHIRAM B S
3	AME18083	2757B	AJAY HOSH R S
4	AME18084	2758B	AJAY V
5	AME18085	2759B	ANISH KUMAR R
6	AME18086	2760B	ARUN KUMAR V R
7	AME18087	2761B	ATTADA ANUDEEP NAIDU
8	AME18088	2762B	BEJO SHYAM P
9	AME18089	2763B	ESAKKIPANDI S
10	AME18091	2765B	GIDEON D
11	AME18092	2766B	GOKULKRISHNAN T
12	AME18093	2767B	GOVINDHAVASAN N
13	AME18094	2768B	IGENE ANTONY INNA SAINT X
14	AME18095	2769B	KISHORE B
15	AME18096	2770B	LEO AUGUSTINE
16	AME18098	2772B	MANIKANDAN P
17	AME18099	2773B	MANU MOHAN
18	AME18100	2774B	MOHAMED ABITH B
19	AME18101	2775B	MOHAMMED SALEEM
20	AME18102	2776B	MOHAN KUMAR R
21	AME18103	2777B	NEERAJ A G
22	AME18105	2779B	RAKESH R
23	AME18107	2781B	RITESH KUMAR
24	AME18108	2782B	SAJIN THOMAS
25	AME18109	2783B	SARAVANA KUMAR K P
26	AME18110	2784B	SHARAN T
27	AME18112	2786B	SRINIVASAN N
28	AME18113	2787B	SUBHAM JHA
29	AME18114	2788B	SUDHARSAN M
30	AME18115	2789B	SOURAV K
31	AME18116	2790B	VIKRAMAN S
32	AME18117	2791B	VINOOTH M
33	AME18118	2792B	V PRANAV
34	AME18119	2793B	VIGNESH R
35	AME18120	2794B	VIMAL RAJ N
36	AME18208	2893B	AJAY SAINI
37	AME18210	2896B	ADITYA GAUTAM
38	AME18211	2897B	ANANYO MISHRA
39	AME18212	2898B	HRITHIK OZA

Group 4

1	AME18121	2795B	AKULA OM SAI AKASH			
2	AME18122	2796B	ANWAR IBRAHIM Y			
3	AME18123	2797B	ARAVINTHAN S			
4	AME18124	2798B	ARUNACHALLAM S G			
5	AME18125	2799B	BALABHARATHI P			
6	AME18126	2800B	BHARATHI RAJ J			
7	AME18127	2801B	DALVI MANDAR RAJENDRA			
8	AME18128	2802B	DEVA R			
9	AME18129	2803B	DHANEESH S NAIR			
10	AME18130	2804B	S GAUTAM VINAYAK			
11	AME18131	2805B	GOKULNATH N			
12	AME18132	2806B	HARIHARAN R			
13	AME18133	2807B	HARINIVASH R			
14	AME18134	2808B	KARIKAL CHOLAN R			
15	AME18135	2809B	KAVIBALAN S			
16	AME18138	2812B	MANOJ KUMAR K			
17	AME18139	2813B	MANOJ S			
18	AME18141	2815B	MOHAN KUMAR R S			
19	AME18142	2816B	BALAJI PRASAD N			
20	AME18143	2817B	NABU NILAFER K			
21	AME18144	2818B	NARAYANASAMY N			
22	AME18145	2819B	NAVEEN KUMAR N			
23	AME18147	2821B	PRADEEP M			
24	AME18148	2822B	RAJA MOHAMMED A			
25	AME18149	2823B	ROSHAN G LOPEZ			
26	AME18150	2824B	SAHIL CHOUPAL			
27	AME18151	2825B	SELVABASSAM S			
28	AME18152	2826B	SITENDRA CHAUDHARY			
29	AME18153	2827B	SUBASH KANNAN M			
30	AME18154	2828B	SK PANTHA HASMI			
31	AME18156	2830B	UDHAYAKUMAR R J			
32	AME18157	2831B	VIJAYAKUMAR N			
33	AME18158	2832B	VINOOTH KUMAR M			
34	AME18159	2833B	VISHNU N			
35	AME18160	2834B	VYSAKH B			
36	AME18206	2880B	CHEATNA SAINI			
37	AME18207	2881B	MAADHESH M			
38	AME18259L	L2945B	SIDDHARTH SINGH			
39	AME18260L	L2946B	SYED SHAHNAWAZ ALI			

Group 5			
1	AME18090	2764B	G SANTHOSH KUMAR
2	AME18161	2835B	ABHISHEK R
3	AME18162	2836B	ADHAM M
4	AME18163	2837B	ADITHYA K
5	AME18164	2838B	AJAY R
6	AME18165	2839B	AMARNATH A
7	AME18166	2840B	AMEER-AL-SAFAR
8	AME18168	2842B	ARNOLD G
9	AME18169	2843B	BASKAR J
10	AME18170	2844B	DHRUVA R SHETTY
11	AME18171	2845B	GNANA FRANCIS JERIN J
12	AME18172	2846B	GOWTHAMMETHA P J
13	AME18173	2847B	HARI KRISHNA P
14	AME18174	2848B	HARIKRISHNAN S
15	AME18175	2849B	JAGADEESWARAN V
16	AME18177	2851B	JOSEPH HERBENS E
17	AME18178	2852B	KARTHIKEYAN R
18	AME18179	2853B	KRISHNAVADIVEL R
19	AME18180	2854B	MANIARASU V
20	AME18182	2856B	NAJAM AZIZ
21	AME18183	2857B	PORKUNA PANDIAN R
22	AME18184	2858B	PRAVEEN R
23	AME18185	2859B	RAJESH S
24	AME18186	2860B	RICHAERD RAJA MORAIS
25	AME18187	2861B	ROHITH R
26	AME18188	2862B	S VIGNESH
27	AME18190	2864B	SERMAN VINISH KUMAR B
28	AME18191	2865B	SHARAN K
29	AME18192	2866B	SHREYAS SRIVASTAVA
30	AME18193	2867B	AMIYA RAJ ANU
31	AME18194	2868B	GORAKALA SAI KUMAR
32	AME18195	2869B	KARADA JEEVAN KUMAR
33	AME18196	2870B	KARTHIKEYAN E
34	AME18197	2871B	KARTHIKEYAN V
35	AME18198	2872B	SHAIK IRFANULLA
36	AME18199	2873B	SHIV KUMAR BOBAL
37	AME18200	2874B	SHREE KRISHNA
38	AME18201	2875B	SOUMYADIP MAITY
39	AME18202	2876B	SURAJ PANDIYAN S
40	AME18203	2877B	TAMADA ARUN KUMAR

Group 6

1	AME18216 L	L2902B	ABHIJEET KUMAR
2	AME18217 L	L2903B	AFIL MOHAMMED ISMAI
3	AME18218 L	L2904B	Ajay Raja
4	AME18219 L	L2905B	AJIN M
5	AME18220 L	L2906B	Akshay
6	AME18221 L	L2907B	ARUN KUMAR M
7	AME18222 L	L2908B	AYANAVA CHOUDHURY
8	AME18223 L	L2909B	CALCIN JAIRO R
9	AME18224 L	L2910B	DEVABALAN T
10	AME18225 L	L2911B	GOKULSIVAPANDI R
11	AME18226 L	L2912B	GURUSARAN S
12	AME18227 L	L2913B	GUTTAVELLI BALA PRASANA GIRI
13	AME18228 L	L2914B	HAMZA AZMI
14	AME18229 L	L2915B	KAPILESH
15	AME18230 L	L2916B	KARTHICKRAJA M
16	AME18231 L	L2917B	KARTHIKEYAN J S
17	AME18232 L	L2918B	KARTIK
18	AME18233 L	L2919B	KHAN SHOIB SHAFIQUE
19	AME18234 L	L2920B	KUNAL KUMAR
20	AME18235 L	L2921B	MADESH M
21	AME18236 L	L2922B	MAHESHWARA ASWAJIDH
22	AME18238 L	L2924B	MAXWELL A
23	AME18239 L	L2925B	MOHAMMED FAHIZ S

24	AME18240 L	L2926B	MOHAMMED SAIF ALI S	
25	AME18241 L	L2927B	NATHEEM HUSSAIN J	
26	AME18242 L	L2928B	NAVEEN P	
27	AME18243 L	L2929B	OM PRAKASH SINGH	
28	AME18244 L	L2930B	PANEER SELVAM D	
29	AME18245 L	L2931B	PERUMALRAJA G	
30	AME18246 L	L2932B	PETERS SAMUEL RAJU	
31	AME18247 L	L2933B	PRATHEEP RAJA	
32	AME18248 L	L2934B	PRATHIV KANNAN V	
33	AME18249 L	L2935B	PRIYANSHU KUMAR	
34	AME18250 L	L2936B	R. SRIRAM	
35	AME18251 L	L2937B	RAVI RAGHUL S	
36	AME18252 L	L2938B	RUDHRA MOORTHY P	
37	AME18253 L	L2939B	S RAJESH	
38	AME18254 L	L2940B	SAKETH	
39	AME18255 L	L2941B	SALMAN BARIS M	

Course : B.E. - Marine Engineering			
Batch : BE(ME)-19(2019-2023)			
SI.NO	Roll No	Regist.No	Name
Group 1			
1	2947B	AME19001	ABHIJEET DEV GOSWAMI
2	2948B	AME19002	ABHISHEK A
3	2949B	AME19003	AJIN THOMAS
4	2950B	AME19004	AMALNATH N E
5	2951B	AME19005	ANAND.A
6	2952B	AME19006	ANANDHU S
7	2953B	AME19007	ASWIN RENJITH
8	2954B	AME19008	BANTUPALLI GUNA SUNDAR
9	2955B	AME19009	BHUWAN BOPANNA A S
10	2956B	AME19010	DEVADARSH C V
11	2957B	AME19011	DHANRAJ
12	2958B	AME19012	DHANUSH R
13	2959B	AME19013	DIWAKAR S
14	2960B	AME19014	DIYYALA NITHEESH CHOWDARY
15	2961B	AME19015	FAIZ AHMED N
16	2962B	AME19016	GAUTHAM KRISHNA C P
17	2963B	AME19017	GOVIND V
18	2964B	AME19018	HARISH G
19	2965B	AME19019	KIRUBANITHI V G
20	2966B	AME19020	LEYON BABU S
21	2967B	AME19021	MAHEWAR SAI SHASHANK
22	2968B	AME19022	MOHAMMAD TALHA
23	2969B	AME19023	NISHAAN NANAIAH M C
24	2970B	AME19024	PONNA PRASHANTH NETHA
25	2971B	AME19025	RETHIK.V
26	2972B	AME19026	RIDHWAN
27	2973B	AME19027	RIVENESH KUMAR M
28	2974B	AME19028	SHAIK MOHAMMED AYAN
29	2975B	AME19029	SHAIK MOHAMMED AYUB
30	2976B	AME19030	SHAMEEM THOUFEEQUE
31	2977B	AME19031	SIVABALAN S
32	2978B	AME19032	SREECHAND
33	2979B	AME19033	SRI HARSHA KANAKAVARDHAN
34	2980B	AME19034	TANUSH
35	2981B	AME19035	VIJAYAKRISHNA V
36	2982B	AME19036	VISHNU PRASAD S
37	2983B	AME19037	YAMIN HASSAN

Group 2			
1	2984B	AME19038	ADITH MENON M
2	2985B	AME19039	ALAGESHWARAN K
3	2986B	AME19040	ALLEN JOSE J
4	2987B	AME19041	ALTAMAS IQBAL
5	2988B	AME19042	ANAND KRISHNAN
6	2989B	AME19043	ARISH NAGARAJAN N
7	2990B	AME19044	ARJUN K RAJENDRA MOHAN
8	2991B	AME19045	DEVDHARSHAN R G
9	2992B	AME19046	DINESH KUMAR.V
10	2993B	AME19047	GOWTHAM S
11	2994B	AME19048	GYANESHWAR RAO
12	2995B	AME19049	JEGADESH M
13	2996B	AME19050	JERIN JAMES
14	2997B	AME19051	KASHIF ALI
15	2998B	AME19052	KRISHNAKANTH J
16	2999B	AME19053	MANIKUMAR P
17	3000B	AME19054	MOHANA KRISHNAN L
18	3001B	AME19055	NANDA GOPAL A P
19	3002B	AME19056	NITHIN S S
20	3003B	AME19057	PRASAD
21	3004B	AME19058	PREETHAM D V
22	3005B	AME19059	RAGHULGANDHI
23	3006B	AME19060	RAJMOURYA V
24	3007B	AME19061	REGANTH M
25	3008B	AME19062	ROHINIRUBAN S
26	3009B	AME19063	ROSHAN BIJU THOMAS
27	3010B	AME19064	ROUNAK SAHA BANIK
28	3011B	AME19065	SABARIVASAN
29	3012B	AME19066	SHIVAM
30	3013B	AME19067	SIDHARTH BIJU
31	3014B	AME19068	SOURABH
32	3015B	AME19069	SUBI S
33	3016B	AME19070	UGENDIRAN N
34	3017B	AME19071	VIGNESH
35	3018B	AME19072	VINAY KUMAR
36	3019B	AME19073	YASWANTH KARTHIK J S
37	3020B	AME19074	YOKESH

Group 3			
1	3021B	AME19075	AKASH P
2	3022B	AME19076	AKHIL DEV K
3	3023B	AME19077	AMARTHEESWARAN S
4	3024B	AME19078	BADAM LOKESH VENKATA NAGA NEERAJ
5	3025B	AME19079	BARATH K K
6	3026B	AME19080	CHAITANYA M
7	3027B	AME19081	CHANDRAMOULI.U
8	3028B	AME19082	DINESH KUMAR T
9	3029B	AME19083	GIFTSON SOLOMON J.S.
10	3030B	AME19084	GLADWIN THOMAS
11	3031B	AME19085	GOKUL D
12	3032B	AME19086	HARIHARAN.K.S
13	3033B	AME19087	HARIHARASUDHAN S
14	3034B	AME19088	HARISH KANNAN M
15	3035B	AME19089	HARISHRAGAVENDRA
16	3036B	AME19090	HARIVADIVEL R
17	3037B	AME19091	IYYANAR A
18	3038B	AME19092	JAYANT
19	3039B	AME19093	JEANTTHAN S H
20	3040B	AME19094	JOSE JACOB
21	3041B	AME19095	JOSEPH SAJU.J
22	3042B	AME19096	KARTHIK L
23	3043B	AME19097	LOGESHWARAN J
24	3044B	AME19098	MADHAN KUMAR.S
25	3045B	AME19099	MOHAMEED ASIFF ALI M
26	3046B	AME19100	NANDA . VIKASHANANDHA
27	3047B	AME19101	RAHUL KARUPAIAH
28	3048B	AME19102	RINOTHVEL K
29	3049B	AME19103	SAMUTHRA ARAVIND
30	3050B	AME19104	SAROJ SHYAM M
31	3051B	AME19105	SATHYA NARAYANAN S
32	3052B	AME19106	SIVRAM
33	3053B	AME19107	SUNIL KUMAR.B
34	3054B	AME19108	VASANTHA KUMAR
35	3055B	AME19109	VIGNESHWARAN C
36	3056B	AME19110	VIKRAM K
37	3057B	AME19111	VISHNU PRADEEP.P
38	3096B	AME19148	AAKASH KUMAR
39	3098B	AME19150	KABISH KIJMAR BISWAL

Group 4			
1	3058B	AME19112	AKASH KUMAR
2	3059B	AME19113	ANANDHA KEERTHI
3	3060B	AME19114	ARVIND V
4	3061B	AME19115	DHIVAKARAN T
5	3062B	AME19116	DINESH.V
6	3063B	AME19117	DINESHKUMAR.P
7	3064B	AME19118	DOMINIC JOSEPH X
8	3065B	AME19119	HARIHARAN A
9	3066B	AME19120	JAGADEESH B
10	3067B	AME19121	JAGADEESH KUMAR S
11	3068B	AME19122	KAIRAM MOHAN SUHAS
12	3069B	AME19123	KATHIRAVAN J M
13	3070B	AME19124	KISHAN RM
14	3071B	AME19125	KOMAHAN J K
15	3072B	AME19126	MOULIRAJ
16	3073B	AME19127	MUHAMMED SHAN
17	3074B	AME19128	NANMARAN.S
18	3075B	AME19129	PARTHASARATHY T
19	3076B	AME19130	PINNINTI DEHEERENDRA YADAV
20	3077B	AME19131	PRASANTH
21	3078B	AME19132	PRAVEEN KUMAR S
22	3079B	AME19133	PRAVINKANTH R
23	3080B	AME19134	PREM KUMAR R
24	3081B	AME19135	RAGAV K G
25	3082B	AME19136	RAVIENDER P
26	3083B	AME19137	SAKTHIKUMAR J
27	3084B	AME19138	SANJAY S
28	3085B	AME19139	SELVA
29	3086B	AME19140	SHIVARAJ T P
30	3087B	AME19141	SOUMYA RANJAN ROUT
31	3088B	AME19142	SRIRAM K
32	3089B	AME19143	SURYA S
33	3090B	AME19144	SURYA.N
34	3091B	AME19145	VALLARASU.G
35	3092B	AME19146	VETRIVEL V
36	3093B	AME19147	VIBIN V S
37	3097B	AME19149	HARINARAYANAN
38	3099B	AME19151	OJUKWU SAMUEL UDOCHUKWU