



AMET
UNIVERSITY
(Deemed to be University Under Section 3 of UGC Act 1956)



DEPARTMENT OF PHYSICAL EDUCATION
ALL INDIA INTER UNIVERSITY
BEACH VOLLEYBALL - WOMEN
TOURNAMENT 2023-24

under the auspices of
Association of Indian Universities

December 26 - 29, 2023

Welcomes you all



Organized by
DEPARTMENT OF PHYSICAL EDUCATION
AMET DEEMED TO BE UNIVERSITY
#135, East Coast Road, Kanathur - 603 112
CHENNAI, TAMILNADU



ABOUT THE UNIVERSITY



AMET is India's first Deemed to be University in for Maritime Education which is ranked as 3rd among Maritime Universities of the World in PIMET (Performance Indicators in Maritime Education and Training) Ranking of International Association of Maritime Universities (IAMU). Established during 1993, AMET's uncompromising strides of excellence in the field of maritime education and training laced with its capacity to feed the global shipping industry with its capacity to feed the global shipping industry with an unrivalled maritime human resource secured it to have many national and international recognitions, ranking such as NIRF, ARIIA, DGS-CIP, PIMET and accredited by NAAC 'A' Grade.

Vision

To sustain identity as a World Class Leader in Maritime Education and empower learners with wholesome knowledge through progressive innovation in training, research and development which will render students a unique learning experience and a transformation impact on the Global Society.

Mission

AMET will strive continuously to

- Impart value-based higher education and technical knowledge with uncompromising strides of an outstanding quality.
- Emerge as a Centre of Excellence inculcating skill development in recent technologies in accordance with industrial trends.
- Create World class research capabilities on par with the finest in the world and broaden student's horizons beyond classroom education.
- Nurture talent and entrepreneurship to enable all round personality development among students.
- Empower students across socio economic strata.
- Make a positive difference to society through technical education.



ABOUT THE DEPARTMENT OF PHYSICAL EDUCATION

The Department of Physical Education at AMET University is dedicated to promoting a Healthy and active Lifestyle among its cadets and students. The department is equipped with Modern Infrastructure and offers a variety of activities, including Swimming and various Sports and Games. Physical fitness and Sports are ingrained as essential components of life for the cadets, who are conscious of their health and well-being.

Department of Physical Education

- **Integral Curriculum:** Physical Education is an integral part of the AMET academic curriculum. It is designed to enhance Physical fitness, overall well-being, and instill a Sense of Discipline and Teamwork among cadets.
- **Unique Maritime Focus:** AMET University is the pioneer in Maritime Education in India. All cadets and students are enrolled in sailing and offshore engineering courses. The curriculum is tailored to cater to the specific Physical Fitness needs of cadets pursuing careers in the maritime industry.
- **Fitness Emphasis:** Recognizing the demands of the Maritime profession, AMET provides basic fitness activities to ensure that cadets are physically fit and healthy to meet the challenges of their profession.
- **Swimming:** Swimming is a vital component of the curriculum. It is not only important for fitness but also a required skill for maritime professionals. Swimming tests are part of the Examination Curriculum for DG courses and a semester for offshore engineering courses.
- **Residential Setup:** Being the First Residential Deemed University, cadets reside in hostels throughout their course. The department understands the need for relaxation and recreation for the cadets' overall well-being.
- **Personality Development:** The Department of Physical Education actively contributes to the personality development and leadership qualities of cadets by involving them in various sports activities.
- **Competitions and Tournaments:** The Department organizes Team selection trials and encourages participation in various Inter-University, Inter-Collegiate, National Inter-Maritime, and open Tournaments.
- **Intramural Competitions:** Annual Intramural competitions are conducted with enthusiastic participation from all cadets, fostering healthy competition and pride for the institution.
- **Role in Health Education:** Physical Educators not only focus on sports but also impart knowledge about health and well-being, emphasizing the importance of maintaining a healthy lifestyle.

The Department of Physical Education at AMET University serves as a cornerstone in developing Physically Confident and Mentally resilient maritime professionals. By integrating Physical fitness, Sports, and Health Education into the curriculum, the Department plays a significant role in preparing cadets for successful careers in the maritime industry while ensuring their overall well-being.

Vision, Mission, Objectives

Vision

To impart comprehensive knowledge about Physical fitness and well-being to cadets and students, fostering a culture of health and fitness. To establish Physical training and Games as integral and compulsory components of education.

Mission

- Organize annual state and national-level inter-maritime institutions tournaments to showcase the talent and dedication of cadets and students.
- Ensure that every non-swimmer or learner achieves a 100% result through dedicated swimming classes, enabling them to gain confidence in the water.

Objectives

- Achieve a 100% success rate in swimming practical classes for learners and beginners, instilling a vital life skill and enhancing their overall confidence in water-related activities.
- Foster a Competitive spirit and sportsmanship among cadets and students by organizing various levels of Sports tournaments that not only enhance their Physical prowess but also teach essential life skills such as teamwork, discipline, and time management.

The vision, mission, and objectives of the Physical Education department exemplify a commitment to holistic development, excellence in sports and fitness, and the empowerment of cadets and students with essential life skills that extend beyond the classroom.

RULES AND REGULATIONS

1. PLAYING AREA

- Length – 16 mts, Width – 8 mts

Height of the Net

- Women – 2.24mts
- Height is measured – center and over side lines with measuring rod

ANTENNA

- Flexible fiberglass rod 1.80m long / 10mm diameter
- Top of the net 80 cm

BALL

- Made of Flexible material / approved synthetic leather

2. PARTICIPANTS

TEAMS

- 2 Players, name record on the score sheet
- Team CAPTAIN INDICATE ON THE SCORE SHEET
- Competitions players are not allowed External assistance or Coach during the match
- During the timeout, Technical time out and 2 sets interval the players must go to the designated player's area.

EQUIPMENTS

- Players wear shorts, bathing suit, Jersey or tank top.
- 1st Referee may authorize play bare foot socks or shoes
- Jersey number 1 and 2
- Number must be placed on the chest on in front of the shorts
- Players may wear glasses or lenses at their own risk.
- Forbidden to wear objects which may cause injury to give on artificial advantage to the players.

POINTS

- 1st and 2nd Set – 21 points
- 3rd SET - 15 Points (Deciding set)
- Minimum lead 2 points

WIN THE MATCH

- Win 2 Sets
- In case of the tie 1-1 the deciding 7 points

TEAM COURT SWITCH

- 1st and 2nd Sets – ends of the every 7 points
- 3rd set - ends of the every 5 points
- Teams must change immediately without delay
- TIMEOUT AND TECHNICAL TIMEOUTS
- Each Set - 1 Timeout
- Each Timeout - 30 Sec

TECHNICAL TIMEOUT

- It applied automatically when the same of the points scored by the teams equals 21 points
- 3rd Set - No Technical Timeout

TEAM CAPTAIN

- She is responsible for maintaining team conduct and discipline
- Before and end of the match captain sign the score sheet
- Represents team in the toss
- She is authorized to speak to the referees while the ball is out of play.
- To ask for an explanation on the application or interpretation of the rules. She must immediately inform the 1st referee of her wish to protest.

TO ASK AUTHORIZATION

- To change uniforms or equipment's
- To verify the number of players
- To check the ball, surface, net, pressure etc.,
- To realign a court line
- To request timeout

(**Note:** The players must have authorization from referees to leave the playing area)

SET

- 3 sets

SERVICE ORDER

- 1 & 2 or 2 & 1
- Service order fault opponent get a point

PLAYING ACTION

- Maximum of 3 hits (Including Block)
- Players may not hit the ball two times Consecutively (Exception of blocking)
- 2 Players touch the ball simultaneously it is counted as a 2 hits. (Exception of blocking)
- The ball may touch any part of the body
- Penetration into the opponent's court provided that this does not interface with the opponent's play.
- The server must hit the ball within 5 sec.
- Serving team must not prevent the opponent through individual screening and flight path of the ball
- Blocking the opponent's services is forbidden.
- Drop is not allowed

FAULTS OF THE ATTACK HIT

- A player completes an attack-hit using a finger action or if using finger tips that are not rigid and together
- A player completes an attack hit using an open hand pass which has a trajectory not perpendicular to the line of the shoulders. The exception is when the player is attempting to set to his or her teammate.

TOSS

- Service / Receiving the services

OFFICIAL WARM-UP SESSION

- 3 Minutes official warm up period at the net, they may have 5 minutes playing

PLAYING

- If two opponents touch the ball simultaneously over the net and the ball remains in play, the team receiving the ball is entitled to another three hits. If such a ball goes "out", it is the fault of the team on the opposite side.
- If the ball hits the antenna after simultaneous hits by two opponents over the net, the rally should be replayed.

MISCONDUCT AND CARDS

- | | | |
|------------------------------|---|-------------------------------------|
| • Warning no sanction | - | Stage 1: Verbal warning |
| • Stage 2 | - | Symbol Yellow card |
| • Penalty: sanction | - | Symbol Red card |
| • Expulsion: sanction | - | Symbol Red + Yellow cards jointly |
| • Disqualification: sanction | - | Symbol Red + Yellow card separately |

Organizing Committee

Chief Patrons

Dr. J. Ramachandran, Chancellor, AMET

Dr. Rajesh Ramachandren, Pro-Chancellor, AMET

Mrs. Susheela Ramachandran, Managing Trustee, AMET

Col. Dr. G. Thiruvassagam, Pro-Chancellor (Academics), AMET

Patron

Prof. Dr. V. Rajendran, Vice Chancellor, AMET

Organizing Committee

Dr. Deepa Rajesh, Vice President (Academics), AMET

Dr. R. Muthezhilan, Registrar (i/c), AMET

Dr. V. Sangeetha Albin, Additional Registrar, AMET

Capt. Srinivas Gopal, Principal – DGS Courses, AMET

Organizing Secretary

Dr. N.R. Ramkumar, Director, Department of Physical Education, AMET

For further details please contact

Mobile No : 9381080111 **E-Mail:** hodped@ametuniv.ac.in



AIU - South Zone Inter University
Table Tennis - Women Tournament 2021-22



AIU - All India Inter Zonal Universities
Chess - Men Tournament 2022-23



AIU - South Zone Inter University
Kabbadi - Women Tournament 2022-23



AIU - All India Inter Universities
Tug of War - Women Tournament 2022-23

INSTRUCTIONS TO THE PARTICIPANTS

Reception

- The Participating University is requested to inform about **date and time of your arrival** with Train / Bus number and name well in advance to mentioned link <https://forms.gle/h9ESEfThzmKnvBuW7>
- Transport is available from the following places **Chennai Central / Tambaram / Egmore / Koyambedu**, to AMET University, Chennai on 25th December 2023 forenoon.
- The University is located in the suburban of Chennai, Midway between Thiruvanmiyur and Kovalam, Chennai.
- Many city Buses shuttle between Chennai Parry's corner to Kovalam (**MTC Bus No:109**)
- On arrival at Chennai, please contact the following staff members for further details about transport: **Mr. Kannan** Transport Incharge, **contact: 93833 50111**

Accommodation

Teams will be provided free unfurnished room for accommodation inside the University campus. 24 hours prior to the commencement of their match and the teams have to vacate the accommodation after the completion of their matches.

- Each team has to pay Rs.2000/- (Rupees Two Thousand Only) as Caution deposit, which shall be refunded at the time of departure of the team adjusting the cost of the damages, if any.
- Accommodation will be provided to the participating students, Managers and Coaches.
- Teams are requested to bring their own Locks & Keys for their safety.
- Accommodation please contact Mr. Mathew Varghese - Proctor, **contact: 90724 69094**

Team Manager's Meeting

The meeting of all the Team Managers of participating teams will be held on 25-12-2023 at 4:00.p.m. at the tournament venue at AMET University. Four copies of the Eligibility Performa of the players duly filled in and signed by the Registrar / Director of Physical Education of the participating University along with Recent Players Identity cards & a copy of AIU Affiliation fees receipt and AIU Tournament fees receipt obtained from AIU New Delhi should be handed over to the organizing secretary at the time of registration.

Important Note

- AIU Game Registration Fees Paid Receipt
- As per the amendments / Modifications in the existing eligibility rules for participation of the students in National University Games from the Year 2023-24, the participating Universities should submit the attested photocopies of Diploma Certificate or 10 and +2 in case of the player is studying in Under Graduate (UG) Course And That Of Diploma Certificate or 10, +2 and Graduation if the Player is studying in post Graduate course, to the organizing University duly attested by the Director of Physical Education of the Concerned universities.
- All the Universities should bring their **University Flag for attending March-past Compulsory on 26th December 2023 @ 7am at the tournament venue during Inauguration Ceremony.**
- Food will be provided with nominal cost.

Officiating Charges

The Managers of every team should pay Rs.1500/- (Rupees One Thousand Five Hundred Only) per match as officiating charges to the organizing Secretary / court In-Charge before the commencement of their match.

Competition Rules

- Matches will be conducted in accordance with the rules of the Beach Volleyball Association as adapted by AIU, New Delhi.
- Morning Session matches starts at 6.30 am and Afternoon Session matches starts at 3.00 pm
- The teams are requested to follow the match schedule strictly and should report at least half-an-hour before the commencement of the matches.
- The decision of the tournament committee on all matters relating to the tournament shall be final and binding.
- The organizing secretary reserves the right to make changes of the venue, date and time of the matches, if necessary
- Protest against any other nature in connection with conduct of sporting competitions shall be in writing and must reach the organizing secretary along with protest fee Rs.1500/- only with "Two Hours" of the conclusion of the concerned matches for consideration of the "jury of Appeal" for an appropriate necessary action, then and there / on the spot, in this regard.

General

- The Team Managers and Players are requested to co-operate with the organizing secretary for the smooth conduct of the tournament.
- Team Managers are totally responsible for their players to maintain discipline during competition & stay.
- The climate at Chennai during the competition will be slightly cold with Sea Breeze

For Assistance

Accommodation	Mr. Mathew Varghese	Proctor	(90724 69094)
Transport	Mr. Kannan	Transport Manager	(93833 50111)
Food & Refreshment	Dr. P. Sivabalan	Asso. Professor	(99522 44560)

For Queries

Dr. N.R. Ramkumar, Organizing Secretary 93810 80111

Email: hodped@ametuniv.ac.in

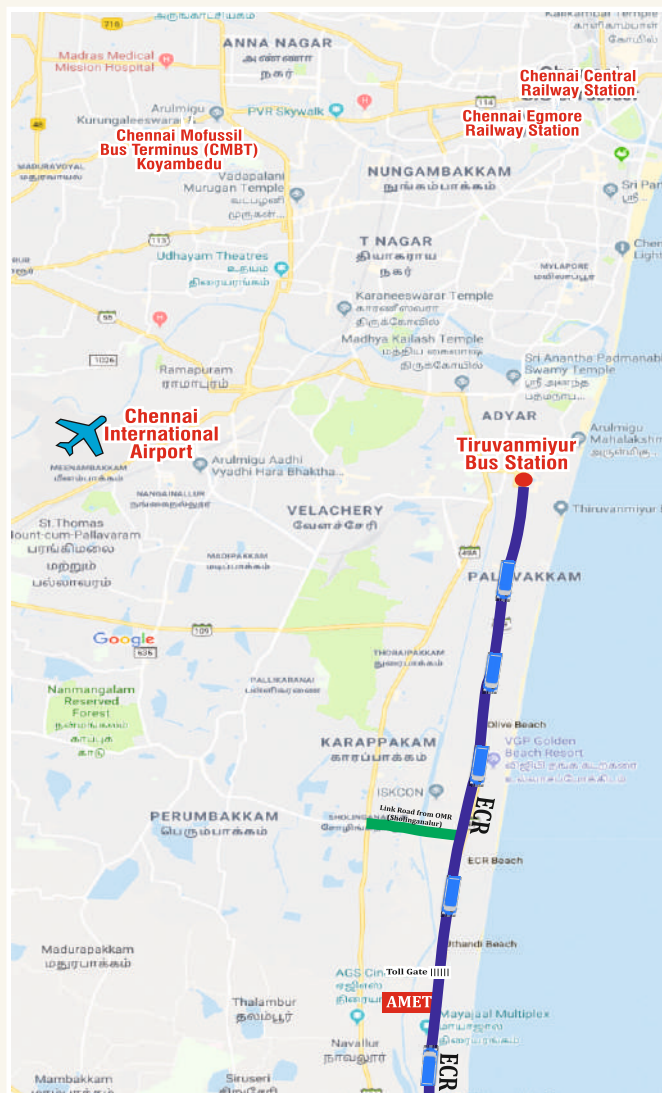
Opening Ceremony

The teams must attend the Inaugural ceremony and March past with their University Flag Compulsory.

Tourist Attractions

- The following are the Tourist places from AMET University, Chennai :

Mahabalipuram – 32km, Kovalam – 13km, Marina Beach -25km, VGP Marine Kingdom – 7km, MGM Dizzee World 5km, Uthandi Beach-1km.



AIU SPORTS EVENTS 2021-23



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