

CBCS CURRICULUM (2019 -20) (Regulation – D)

| | | | | | | | | | | | | | | | |
|----------------------------|---|------------|------------|------------------------|------------|------------|------------|-------------------------------|------------|-------------|-------------|------------------------------|-------------|-------------|-------------|
| PROGRAM | BSc-Nautical Science | | | | | | | | | | | | | | |
| Course Code | Course Name : | | | | | | | L | T | P | C | | | | |
| UBLECPD | PDP-I (Personality Development Program) | | | | | | | 0 | 0 | 3 | 1 | | | | |
| Year and Semester | I Year (I Semester) | | | | | | | Contact hours per week | | | | | | | |
| Prerequisite course | | | | | | | | (4 Hrs) | | | | | | | |
| Course category | General | | | Foundation | | | | Core / Professional | | | | Elective | | | |
| | ✓ | | | | | | | | | | | | | | |
| Course Objective | <p>1. To impart the students to develop their overall personality, grooming an individual by sensitizing them about proper behavior.</p> <p>2. Communication is taught to the students, so that they will be in a position to demonstrate proper interpersonal communication. It is an inevitable prerequisite for employment.</p> <p>3. Socialization is educated to enhance “self-concept” that would improve individual’s perception of his or her identity as distinct, from that of others</p> <p>4. Body Language is taught to inform students about limbic system and its role in nonverbal communication.</p> <p>5. Problem solving aspect is imparted to students in order to enhance the ability of the students to identify problems and provide corrective actions to meet the goals of the company they are employed.</p> <p>Conflict and stress management is educated to help students to understand what conflict is and how handle the conflicts and find resolutions to resolve it.</p> | | | | | | | | | | | | | | |
| Course Outcome | <p>At the end of the course, the student should be able to:</p> <ol style="list-style-type: none"> To analyze, develop and exhibit the accurate sense of one’s own self. To facilitate the interpersonal relation of the students. To enlighten the students about the integral part of functioning in a society. To help the students understand the unspoken issues and feeling of others and strengthen their verbal messages. To familiar the students with various aspects of skills and talents associated with personality traits | | | | | | | | | | | | | | |
| PPOs / COs | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 | PO11 | PO12 | PSO1 | PSO2 | PSO3 |
| CO1 | - | - | - | - | - | - | - | - | - | 3 | - | - | - | - | - |
| CO2 | - | - | - | - | - | - | - | - | - | 3 | - | - | - | - | - |
| CO3 | - | - | - | - | - | - | - | - | - | 3 | - | - | - | - | - |
| CO4 | - | - | - | - | - | - | - | - | - | 3 | - | - | - | - | - |
| CO5 | - | - | - | - | - | - | - | - | - | 3 | - | - | - | - | - |
| CO6 | - | - | - | - | - | - | - | - | - | 3 | - | - | - | - | - |
| AVERAGE | - | - | - | - | - | - | - | - | - | 3.0 | - | - | - | - | - |
| CORRELATION LEVELS | | | | 1. SLIGHT (LOW) | | | | 2. MODERATE (MEDIUM) | | | | 3. SUBSTANTIAL (HIGH) | | | |

| | |
|---|---|
| Document Prepared in “ Board of Studies” held on <u>20.02.2019</u> | Document Approved in “ Academic Council” held on <u>05.03.2019</u> |
|---|---|

CBCS CURRICULUM (2019 -20) (Regulation – D)

UNIT 1: 1 Introduction to Personality Development

Definition and Basics of Personality development
Analysis of Strength and weakness

6 hours

UNITII: Communication Skills

One on One session
Communication Barriers
Group Discussion
Impromptu
Public Speaking
Overcoming communication Barriers

UNITIII: Socialization Skills

Definition and Understanding of the concept of Socialization
Agents of Socialization

...

6 hours

UNITIV: Body Language

Non-Verbal Communication
Types of Body Language
Functions of Body Language
Role of Body Language
Proxemics

6 hours

UNIT V: *Aspects of Personality Skills*

Problem Solving
Conflict and Stress Management.
Decision making skills

6 hours

Total Hours

30

Document Prepared in “ Board of Studies” held on
20.02.2019

Document Approved in “ Academic Council” held on
05.03.2019

CBCS CURRICULUM (2019 -20) (Regulation – D)

REFERENCE BOOKS:

1. How to Talk to Anyone: 92 Little Tricks for Big Success in Relationships by Leil Lowndes.

Document Prepared in “ Board of Studies” held on
20.02.2019

Document Approved in “ Academic Council” held on
05.03.2019